

# CRMS Schooner News



Kindness   Responsibility   Self Control   Grit

## IMPORTANT DATES

**Monday, 3/4, 5:30 pm - CRMS**

**Library** - Camden Rockport Schools Alliance monthly meeting - ALL are encouraged to attend!

**Wednesday, 3/6 - EARLY RELEASE DAY, 2:00 pm DISMISSAL**

**Thursday, 3/14 - Pie Day Assembly**

**Friday, 3/15** - Voyagers program field trip.

**Wednesday, 3/20, 7:00 pm, Rose Hall** - SAD School Board Meeting

**Thursday, 3/21, 3:30 pm, CRMS Cafe** - National Geographic Geography Bee - family and friends of participants are welcome to attend!

**Thursday - Sunday, 3/28-31 - CRMS Bisbee Theater** - Performances of the CRMS Play, "The Life and Death of Sneaky Fitch!" - more details on page 4.

**Friday, 3/29** - Student Progress reports sent home in backpacks.

**Wednesday, 4/3 - EARLY RELEASE DAY, 2:00 pm dismissal.**

**Thursday, 4/4** - Geography Bee snow date

**Friday, 3/5 - Spirit week kick-off assembly!**

**Friday, 4/12 - EARLY RELEASE DAY, 12:15 pm dismissal.**

## Principal's Corner

### A Day in the Life of Mrs. Stone at CRMS!

*Students asked me to tell them what it was like to be a principal.*

**First**, no day is like another! **Second**, I make a plan and it always changes. **Third**, I said I'd keep a log for a day and share it... so here it is!

**5:30** Time to wake up, meditate and move my body a little bit!

**6:00** I check emails and texts from staff and review who is absent from work today. I text a few subs to see if they can fill open vacancies and email Ms. Alicia at the front desk so she knows the plan if needed. I answer other urgent emails, review my calendar, etc.

**6:30** I take a quick shower, have some coffee, enjoy a quick chat with my husband and daughter before she heads to CHRHS. We try to make sure we're all on the same page for our plans today and tonight.

**7:45** Time to leave for work! Glad I live so close!

**8:00** I walk and talk with Mrs. Young, our school counselor about our progress on registering 8th graders for high school. We still have 57 left! We clarify a few communications we need to send to parents and she assures me we have more than enough time to tackle this Thursday and Friday.

**8:45** I join Mrs. Young, our librarian, for morning announcements so I can introduce the student feedback survey. I get to talk on the intercom- woohoo, and Mrs. Young is SO much better than me at this! I listen to our 5th graders leading the pledge and our 7th graders reading important Black History month updates and leading our weekly contest. They are so impressive!

*(continued on page 10)*

# CRMS SPIRIT ASSEMBLY





## 5TH GRADE NEWS



Our 5th grade spent the fall studying a variety of topics to deepen our understanding about the Wabanaki. We researched on topics of interest, connected with multiple Wabanaki sources, and we created museum exhibits to display our new knowledge. We invited family, friends, and community members to visit our “Museum Walk-Through” to share our learning. As we dove deeper into our studies, we questioned how Wabanaki are represented in our community. We decided to take this on as our project for our PBL.

We realized Camden lacks Wabanaki recognition in our town. We started to investigate what other towns in the state are doing and realized we have some work to do. We think it would be great to start to include signage to show Wabanaki people are here too and this is the land we are on. Signage will also be educational to teach others about Wabanaki ways of life and caring for the environment so we work together to protect our land for generations to come. We wrote to various sources, including Wabanaki representatives and our town manager to see if there was support for this work.

We are working on a presentation for the next Select Board meeting on Wednesday, March 6th at 6:30 to present our ideas and hope the town will support this work.

-Mateo Jacques and Colton Butler



### CRMS ART ROOM NEWS

5th grade clay cupcakes will be on display at Laugh Loud Smile Big in downtown Camden. These colorful sculptures are guaranteed to brighten up even the cloudiest of days!

# CRMS THEATER NEWS

“The Life and Death of Sneaky Fitch” is our middle school adapted western comedy play, loosely based on the script by By James L. Rosenberg.

Directed by Ms. Ellen Curtis, Technical Director Erma Colvin, Production Assistant Leo Feldman, and Horizons Arts Artist in Residence Julia Olson lead this production. We are currently in rehearsal with dozens of 6th, 7th, and 8th grade students bringing this story to life.

*The Death and Life of Sneaky Fitch story:*

*To the ambitious little town of Gopher Gulch, Sneaky Fitch is an abrasive disgrace—a no-good, Sarsaparilla root beer drinking, brawling nuisance. When he falls ill there is a sigh of relief, and when he apparently dies (thanks to some suspicious "medicine" administered by Doc Burch) there are few tears. Suddenly the old picturesque little town changes, no one dares to confront Sneaky. He soon takes over as sheriff, mayor and town banker—not to mention being the man who faces down Rackham, the fastest gun in the West. In short, where he was formerly unbearable, he is now insufferable. But once the truth is out about him its curtains for Sneaky—and all ends as boisterously and happily as you might wish.*

**Performances are in the CRMS Bisbee Theater on Friday, March 29th @ 7pm and Saturday, March 30th @ 1pm & 7pm. Ticket sale information will be coming soon!**



**6TH GRADE NEWS**

As part of the 6th grade Mysteries in History PBL, a collaboration project with Language Arts, Social Studies, and Technology, 6th graders created a mini escape room using their research about an 1800s innovation or invention. 6th graders hosted and facilitated the 5th graders as they collaborated to attempt and make several escapes!



*CRMS BASKETBALL*

*CONGRATULATIONS TO ALL CRMS BASKETBALL TEAM MEMBERS FOR A GREAT SEASON! THANK YOU TO OUR COACHES AND FAMILIES FOR YOUR SUPPORT AND A SHOUT OUT TO THE GIRLS 7TH AND 8TH GRADE TEAMS FOR COMING AWAY WITH BOTH BUSLINE LEAGUE CHAMPIONSHIP WINS AND TO THE 7TH AND 8TH GRADE BOYS TEAMS FOR THEIR HARD FOUGHT RUNNER UP TITLES!*





A BIG shout out and thank you to Mrs. Young for her daily announcements and contests from the Library desk! Congratulations to the 7th grade for running a successful Black History Month contest and to the 5th grade class for winning and receiving beautiful bracelets as their prize!



Marissa Gildred surprised staff with a giant homemade Valentine's box of inspirational notes - they were so appreciated!

♥

A Bagel Cafe breakfast on Valentine's Day thanking our staff for all their hard work and dedication was a delicious treat!





## **New Red Cross Babysitter Training Class Begins March 14**

Five Town CSD Adult Education is offering a new babysitting class for youths ages 11-15. The primary purpose of the Babysitter's Training course is to provide youth who are planning to babysit with the knowledge and skills necessary to give care safely and responsibly for children and infants, such as diapering, bottle- and spoon-feeding, age-appropriate games, activities, and dealing with uncooperative children. This training will help participants to develop leadership skills and become better babysitters. They will learn how to build a babysitting business, keep themselves and others safe, and learn about basic childcare and basic first aid. The course meets at Camden Hills Regional High School from 4:00-7:00 PM on March 14, 21, and 28.

Sign up online here: <https://fivetowns.coursetorm.com/course/babysitter-training-american-red-cross?search=babysitting>

or call the Adult Ed office at 236-7803.

## **FROM THE HEALTH DESK**

### **How and Why to Curb Your Kid's Global Language (And Maybe Your Own!)**

*By Lynn Lyons LICSW, Robin Hutson on Mar 01, 2024*

A global cognitive style, to use the fancy terminology, means that your perceptions of the world or yourself are broad and overly general: "All dogs are mean" or "I never get anything right." Because this pattern is a solid predictor for depression and anxiety, it's one to recognize and interrupt. We'll talk about how to make helpful shifts in your family.

WE'VE MADE PLAYLISTS OF OUR EPISODES TO HELP YOU FIND RESOURCES ON SPECIFIC TOPICS. Here is our first:

### **Parents of Anxious Kids, Start Here**

For those brand new to the podcast, we suggest starting with this playlist featuring Lynn Lyons and the 7-part anxiety disruptor series as well as a 3-part series on the skills most helpful in managing anxious kids: flexibility, problem solving, and autonomy.

*Lynn Lyons is a psychotherapist, author and speaker who has been in private practice for 30 years in New England. She specializes in the treatment of anxiety disorders in adults and children.*



## 8TH GRADE NEWS

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8th grade students selected a recipe that they prepared and shared with classmates. Students connected chemistry concepts from science class to their work in Family Consumer Science class. We appreciate all the experts who came in to support this project and families who came to the culminating event!



**Principal's Corner (continued from page 1)**

**8:55** I visit a couple 8th grade classrooms to discuss the survey then head back to my office to see how many surveys were completed and see the general state of things. Looks like almost 300 students, does that mean a lot of students are still absent? I'll look into that later!

**9:10** I print some documents I need for today's meetings and open my mail. I sign some paperwork for professional development, parent volunteer forms, and put some items in interoffice mail to go to the superintendent's office.

**9:25** I meet with our Assistant Transportation and Facility Director about transportation and custodial updates. We get the summer dates on the calendar for our camps, rentals, the gym floor service and closure. We discuss the district's yard sale dates because we're cleaning all of the storage areas on our three campuses!

**10:20** I support some 5th graders who have spilled a whole lot of syrup all over the chairs in the front hallway while eating their breakfast at snack time. I'm really glad we didn't order fabric chairs (I think to myself) as I move quickly to the meeting I am late for!

**10:35** I jump onto a google meets with my mentee who is an assistant principal in a local district. We have a great session and discuss our plan for our workshop on Monday. Did you know there were 110 administrators in their first two years of work across the state of Maine who signed up for the mentor program!

**11:30** I connect with our chorus teacher Mr. Maynard about the spring festival being full this year. Bummer! We started discussing making other plans. I chat with Mrs. Seeger in the hallway about a couple of things related to staff support.

**11:40** Off to fill my water and make a bowl of yogurt, nuts and granola.

**11:50** I have a phone meeting with a teacher who may want to work in our school district! I hope everyone strives to send good people our way!

**12:30** I review the website for updates and provide some feedback to the IT director about a few buttons and edits. He makes them in record time - holy cow that was fast Mr. Sutch!

**12:45** I answer emails from parents, the superintendent and her assistant. I update my calendar with a few meetings that have been moved and rescheduled.

**1:30** I meet with the 6th grade team to discuss the XL schedule for quarter 4. I also provide two student updates for families I'm working to support. It's always awesome to visit with teams!

**2:00** I swing by a couple classrooms to see kids and staff doing amazing things and then I head back to my office to make a couple of phone calls to parents.

**(continued on page 11)**

**Principal's Corner (continued from page 10)**

**2:30** I head down the 8th grade hallway to meet with some teachers to arrange for coverage for schooner time and make a plan for the coming week.

**2:45** I do a little bit of hallway monitoring as students move to schooner time and then head back to my office to approve some budget requests for ordering.

**3:30** I attend the Narcan Training led by Nurse Gretchen and Mr. Dietter. So informative and well done! I hope I never have to use this new skill but I feel good knowing what to do!

**4:00** I meet with Mrs. Gabrielsen and Mrs. Seeger about our gifted and talented student data and the MTSS framework.

**5:00** I head down to the wrestling meet! Woohoo! We're crushing it! We lost the overall meet but had so many victories for individual wrestlers! I'm so proud of all of our student-athletes.

**6:30** I head home to have dinner and see my family. My husband cooked an awesome meal tonight because he knew I was going to be late and had a night time workshop.

**7:30** I jump online for a National Education Association webinar about AI and student engagement. It was very interesting and I can't wait to share some ideas with Mrs. Norwood!

**8:30** I'm done for the day! It was a busy day, I still have a two page to-do list but thankfully I can try again tomorrow!

**10:00** Bed time!

Every day has a very different set of things to do at CRMS!

Best,

Mrs. Stone



**CRMS 7 & 8th  
grade Winter  
Dance fun!**

## 2024 Summer Programs

WE ARE NOT FORTUNATE TO LIVE IN THE BEST BEACHES BECAUSE OF YOUR TOWN'S BEACHES!

### Explorers Club

A NATURE-BASED DAY CAMP



**Sea & Skies Expedition**

A 3-NIGHT SEA KAYAK AND ASTRONOMY EXPEDITION DURING THE PEAK OF THE PERSEID METEOR SHOWER



### Best of the Midcoast

AN ADVENTURE DAY CAMP



### Guiding Services

WE'LL GO ANYWHERE YOU WANT TO TAKE YOUR GROUP



For more info and to register for programs go to: [www.mountainseaexp.com](http://www.mountainseaexp.com)

**FOR MORE INFO & TO REGISTER FOR PROGRAMS**

## Maine Arts Academy

*Maine's only free, public high school for the arts!*

# OPEN ENROLLMENT

until **MARCH 31<sup>ST</sup>**

*when, if needed, a lottery will be held.*

FREE TRANSPORTATION FROM MULTIPLE BUS HUBS

FREE PUBLIC CHARTER HIGH SCHOOL FOR MAINE STUDENTS, GRADES 9-12

Intent to Enroll is available on our website:  
[maineartsacademy.org/admissions](http://maineartsacademy.org/admissions)





Maine Arts Academy

310 Cony Road, Augusta, ME 04330  
207-480-7917 | [maineartsacademy.org](http://maineartsacademy.org)

[f](#) [i](#) [t](#)



## Five Town Little League 2024 Registration is NOW OPEN!




**Five Town Little League registration for the 2024 season is now open for all players ages 5 – 12!**

Please visit the FTL website today to sign up for the season, as well as the below indoor clinics and baseball/softball major evaluations at The Pitch in Warren.

Please note that signing up for the clinics or evaluations will NOT register your player for the season, that must be done separately.

**REGISTER FOR INDOOR CLINICS, EVALUATIONS AND THE 2024 SEASON TODAY AT:**  
[www.fivetownlittleleague.org](http://www.fivetownlittleleague.org)

**TUESDAY CLINICS** (6-7pm for 7-9 year olds and 7-8pm for 10-12 year olds):

- 2/27 - Baseball
- 3/5 - Softball
- 3/12 - Baseball
- 3/19 - Softball
- 3/26 - Baseball

**SATURDAY CLINICS** (12:30-1:30pm for 7-9 year olds and 1:30-2:30pm for 10-12 year olds):

- 3/2 - Softball
- 3/9 - Baseball
- 3/16 - Softball
- 3/23 - Baseball
- 3/30 - Softball

**EVALUATIONS** (returning Major players do NOT need to attend, this is for NEW players only)

- 4/6 - 12:30-2:00pm - Softball
- 4/6 - 2:00-3:30pm - Baseball

Please email [mainefivetownlittleleague@gmail.com](mailto:mainefivetownlittleleague@gmail.com) with any questions.  
You can also follow us on Facebook at Five Town Little League. Let's play ball!

**THE FUN AND ALWAYS EXCITING CRMS SPIRIT WEEK IS COMING ON APRIL 8-12TH! LOOK FOR THEMES, CONTESTS, AND MORE UPDATES FROM THE WELLNESS COMMITTEE SOON!**

## Kindergarten Registration

2024-2025

**CAMDEN ROCKPORT ELEMENTARY**

We are eager to welcome your child to our school community for the 2024-2025 school year. Enroll your child today - we can't wait to meet you!



**SIGN UP NOW**

- Must be 5 years old on or by Oct.15
- Spring Screening held April 10
- Download forms at [cres.fivetowns.net](http://cres.fivetowns.net)
- Contact the office with any questions

207-236-7809  
[cres.fivetowns.net](http://cres.fivetowns.net)



## SUNDOG OUTDOOR LEADERSHIP INITIATIVE

# 2024 Spring Programs

*No Experience Necessary - Scholarships Available!*

<b>Hiking the Hills &amp; Camp Craft</b>	4th, 5th, and 8th Grades <b>Lead by:</b> MountainSea Expeditions Guides <b>Tuition:</b> \$175, all gear included <b>Dates/Time:</b> Week of April 3rd, Mon-Thurs 9:45-6:15pm, Sat 10-4pm
<b>Outdoor Art Exploration</b>	3th, 5th, 7th, and 8th Grades <b>Lead by:</b> FTL, accompanied by additional artists each day <b>Tuition:</b> \$175, materials provided <b>Dates/Time:</b> Week of May 6th, Mon-Thurs 9:45-6:15pm, Sat 10-2pm
<b>Fishing: Spin &amp; Fly</b>	3th, 5th, 7th, and 8th Grades <b>Lead by:</b> Maine Sport Outfitters Guides <b>Tuition:</b> \$175, all equipment included <b>Dates/Time:</b> Week of May 13th, Mon-Thurs 9:45-6:15pm, Sat 10-4pm, 9-2pm
<b>Kayaking: Lake &amp; Ocean</b>	6th, 7th, and 8th Grades <b>Lead by:</b> Maine Sport Outfitters Guides <b>Tuition:</b> \$200, all equipment included <b>Dates/Time:</b> Week of May 20th, Tue-Fri 8:45-6:15, Sat 9-5pm
<b>Girls Adventure Group</b>	6th, 7th, 8th, and 10th Grades Invitation only/individual <b>Lead by:</b> Emily Parsons, registered Maine guide <b>Tuition:</b> \$200, all equipment included <b>Dates/Time:</b> Sundays, April 21, 28th, May 6, 13th 10-4pm

For more information visit [sundog.org](http://sundog.org), email [info@sundog.org](mailto:info@sundog.org), or scan QR code.

## 2024 MAINE SUMMER PROGRAMS



### Explorers Club

An outdoor, nature-based day camp integrating ecology, art and music

August 5th-8th: Rising 1st-3rd graders  
August 19th-22nd: Rising 2nd-4th graders

### Best of the Midcoast

An adventure day camp combining canoeing/sea kayaking, hiking & team-building

July 22nd-25th: Rising 5th-7th graders  
July 29th-August 1st: Rising 6th-8th graders

### Sea, Skies and Leadership

A 3-night sea kayak and astronomy expedition during the peak of the Perseid Meteor Shower!

August 10th-14th: Rising 8th-10th graders

For more info and to register for programs go to:  
[MOUNTAINSEAEXP.COM](http://www.MOUNTAINSEAEXP.COM)

# TWEEN GAME Night

## Wednesday, 3/20

### at 5:30pm

Drop in at the Rockport Public Library for an evening of video games and snacks. All games and controllers will be provided! Ideal for ages 11-14. Free.

Sponsored by:  
Rockport Library Foundation

