



CRMS Schooner News

Kindness

Responsibility

Self Control

Grit



Dear Schooner Families,

We're off to a great start and big lift here at CRMS! While COVID is still impacting us all we've tried to resume many of our typical activities like Back to School Night! It was so wonderful to have you in the school, visiting classrooms, meeting staff and seeing our amazing building!

What's been happening at CRMS...

- While schools around the state are struggling to fill vacancies, facing large turnover rates, we retained 92% of our instructional staff from last year at CRMS. **And**, our new staff are experienced and strong! Read more about them in this newsletter!
- We're heading into the woods with just under 100 students in early October, camping, harvesting food, cooking and doing observational art and science.
- 5th grade has been sailing on our local schooners!
- The entire 6th grade climbed Mount Battie together!
- Our 8th graders performed several dances at our National Hispanic Heritage Month Assembly as part of our Spanish program.
- Well over 100 students are participating in our band and chorus programming.
- We have registered over 125 student athletes for fall sports!
- Over 100 students in grades 5-8 signed up for after school clubs.
- Homework Club is open to all students Tuesday & Thursday from 3:15-3:45.

All of this (and more!) on top of running school and our academic classes each day! I want to thank our staff for such an amazing beginning to this year. We're digging deep to move forward as we continue to face staff and student absences and illness. We appreciate your understanding that we're still in flux. While we all want life and school to be business as usual it isn't, just yet. **BUT**, we are getting there! If your child is out sick please assure them we'll welcome them back into the flow once they are well and cleared to return. They can stay for homework club to catch up on the work that is most important.

I also want to thank you for your partnership and support! We can't pull off experiences like the ones listed above, without everyone's effort. Please continue to read your school emails and continue to connect with your child about their learning experiences. Our partnership is key for the successful year of learning and growth ahead!

With Gratitude, Jaime Stone, Principal

IMPORTANT DATES

Tuesday - Friday, 10/4-7 - 7th grade at Chewonki

Wednesday, 10/5 - 5th schooner trip

Friday, 10/7, 5:30pm - SAD Board Budget meeting

Monday, 10/10 - Indigenous Peoples' Day - **NO SCHOOL.**

Wednesday, 10/12-13 - NWEA State testing.

Monday-Friday, 10/17-21 - Scholastic Book Fair - more info to come.

Wednesday, 10/19, 2pm - **EARLY RELEASE.**

Wednesday, 10/19 - SAD Board meeting

Tuesday, 10/25 - Picture retake day

Monday, 10/31 - Pumpkin Carving contest - bring in your carved/decorated pumpkins in the morning and they will be judged at lunch! Prize for most votes!

**Penny War Donation**

Last June, 5th Grade Students won the Annual Spirit Week Penny War and as is tradition, donated the earnings to a non profit organization. We are pleased to announce that \$515.00 was donated to the organization MEDICSfor UKRAINE. Thanks to all grades for your penny-wise support!



THANK YOU to the West Bay Rotary Club for the backpacks and school supplies again this year! We appreciate your support!



nwea

Dear Parents/Guardians:

This fall and spring CRMS will administer standardized testing to grades 5 through 8. On October 12, 2022 (Reading) and October 13, 2022 (Mathematics). The NWEA is now the State of Maine metric in terms of tracking student progress as well as school performance. It is extremely important that students take these tests seriously as they do have an impact on our district.

Please be sure your students are well rested.

If you have questions, please do not hesitate to contact the Office at 236-7805.

WELCOME
NEW 2022-23
CRMS CREW



Alicia Martin, Administrative Assistant - Hello! My family moved to Lincolnville from the other Portland (Oregon) in late 2020. We thought about moving to Maine for many years, but COVID helped us make the big jump. I'm a life-long admin, and worked for 13 years at a city community development and planning office in Portland. I'm loving working at a local school, where many of my 5th grader's soccer mates attend. My sons go to LCS (Finlay is in 1st grade & Rowan is in 5th grade) and are having a blast with so much easy access to outside (we love pond and beach days)! My husband has found his calling in canning and mushroom hunting, and we even have chickens now! We have found a wonderful community of friends here and we are loving our new small town life. I look forward to getting to know your students, and learning more about and becoming part of the CRMS community!



Sophie Payson, Social Worker



Chris Keefe, Special Education Teacher



Guy Hamlin, 8th Grade Social Studies - Guy Hamlin has been teaching social studies in grades 7-12 in midcoast Maine (and abroad) for 30 years. His passion in education is to encourage kids not only to learn about the world, but also with and for



Dan Dearborn, Custodian



Tom Emerson, Ed Tech



Kayla Fairfield, OT - My name is Kayla and I'm the new OT provider at CRMS! I graduated OT school in the spring of 2020, the only one in my class to graduate on time due to the pandemic! I live in Rockland with my husband, my three children and our standard poodle, Daphne! I look forward to getting to know everyone at CRMS this year!

WELCOME
NEW 2022-23
CRMS CREW



Nikole Seeger, Assistant Principal - I have been with the district serving as a special education teacher at CRES and the assistant director of special services. I am so excited to be at CRMS and working with the amazing staff and students. Throughout my professional career I have taught every grade K-12, general education and special education. I am very grateful to be a part of such an amazing school and community.



Clare Widdicombe, Ed Tech - I was born in England to a Navy family who took me all over the world as a child! I fell in love with Maine as it is so much like England but with much bluer skies! I have been working in Education since I became a parent in 2015 and taught Spanish in Massachusetts as well as working in Special Education. Working in schools has been the most uplifting and fun experience for me as a second career and I am so glad to have found a home at CRMS!



Ian Grima, Ed Tech - I am from Rockland ME, I graduated from the University of Maine Farmington, I am an Ed Tech III here at CRMS, and I have been working in schools since 2021. I enjoy playing music, writing fiction, and playing Dungeons and Dragons in my spare time.

The health office is accepting donations of **gently used clean clothing**. Needed items include:

- Stretchy pants size 12-14
- Stretchy pants size 14+
- Short & Long Sleeve T-Shirts - Kids medium & large sizes
- Socks

SOCCER 2022

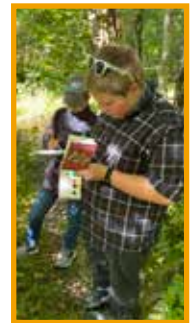


CROSS COUNTRY 2022



7TH GRADE NEWS

Seventh grade students were joined by naturalists from Coastal Mountains Land Trust to conduct field observations at hiking trails throughout our midcoast community. These field observations support our "Learning How to See" project, a collaboration between science, art and language arts classes. Students make detailed observations of interactions in nature and will choose one symbiotic relationship to research further this quarter.





**6TH GRADE
ON TOP OF
MT. BATTIE!**





WHO ARE WE?

- We are your school nurse, school counselor, school social workers, and school psychologist.
- We are here to help if your child is having a problem that is creating difficulty for them at school.
- We work either directly with you, your child, your child’s teachers, or community partners to address barriers to your child’s social, emotional, behavioral, and academic success
- We work to create a safe, engaging, accepting, and meaningful school experience for all.

WHO TO CONTACT?

- For physical health related concerns contact **Gretchen Kuhn**, School Nurse ext 2108 or gretchen.kuhn@fivetowns.net
- For general concerns about your child’s experience at school contact **Tanya Young**, School Counselor ext 2159 or tanya.young@fivetowns.net
- For specific concerns related to mental health assessment or treatment contact **Amy Libby**, Licensed Clinical Social Worker ext 2243 or amy.libby@fivetowns.net
- For specific concerns related to special education including referral, assessment, delivery of services (including academics and social/emotional/behavior support) contact **Alex Amoroso**, School Psychologist ext 2156 alex.amoroso@fivetowns.net or **Sophie Payson-Rand**, Licensed Clinical Social Worker ext 2157 sophie.payson-rand@fivetowns.net



THINGS WE DO

- Assess student need individually and/or collectively and provide individual, small group and school-wide intervention to students
- Promote school-wide activities, programs, and curriculum to foster healthy well-being
- Coordinate support between staff, family, student and community to foster school success

AFTERSCHOOL HELP?

- Maine 24-Hour Crisis Hotline: 1-888-568-1112
- National Suicide Prevention Lifeline: 1-800-273-8255 (or [online chat](#))
- National Crisis Text Line: Text HOME to 741741
- Trevor Project LGBT Crisis Line: 1-866-488-7386 ([online chat](#) or text TREVOR to 1-202-304-1200)
- Say Something 1-844-5-SayNow



FROM THE HEALTH DESK

Influenza “Flu” Vaccine Clinics are being offered at Pen Bay Pediatrics this October on Saturdays- October 1st, 15th, 29th from 8am-1230. Call 301-5600 for an appointment.

Regarding absences, may I request when you inform the school your child is home not feeling well (email is great!), please tell us *what their symptoms are*. If they have cold symptoms, we recommend you test them to rule in/out Covid and let us know the results.

This is really helpful.

If your child tests positive for Covid, email the following 2 details:

1. What DAY their symptoms STARTED?
2. What day they tested positive for Covid?

FREE Covid Tests can be ordered monthly on this website: <https://www.accesscovidtests.org/>

CRMS has test kits for home use and will be happy to distribute them while supplies last.

Pen Bay Healthcare offers drive thru PCR or viral testing for Covid in Rockport. This test picks up the Covid *virus* (different from the home kit or *antigen* tests). If you want to use this service, call 301-6000 to schedule an appointment.

Please keep your child home if they are sick. If they have a runny nose, sneezing or frequent coughing, they will need another day or two before returning. If they have lingering symptoms such as a dry cough, send them to school and ask them to wear a mask.

Lastly, teaching proper hand washing can go a long way to preventing illness! Most people only wash for a few seconds and when we should wash for 20 seconds. Many thanks!

Be Well.

Gretchen Kuhn, RN School Nurse gretchen.kuhn@fivetowns.net



DOE PRIORITY NOTICE

REMINDER: 2022/2023 Student Cabinet Applications Now Open - Deadline Extended to 10/5/22

Dear School Leaders,

Please help the Maine Department of Education by providing this opportunity to students who would be great advocates for their peers in your region. Please note that we are especially interested in perspectives from students across a wide spectrum of diverse experiences, interests, cultures, and backgrounds. **The deadline for applications to be submitted as been extended to October 5, 2022**

The Maine Department of Education (DOE) is releasing applications for the 2022/2023 Student Cabinet, a group of students who will meet with Commissioner Makin throughout the 2022/23 school year to discuss educational opportunities, improvements, and policy.

In its 4th year, the Maine DOE Student Cabinet program has allowed us to integrate student voice into decision-making on education issues that impact their journey through Maine's education system. In past years, students have helped in identifying mental health needs at school, raised issues of racial equity, and helped brainstorm ways to individualize learning.

The Maine DOE is especially interested in having perspectives from students with a variety of diverse experiences, interests, cultures, and backgrounds, representing both traditional and nontraditional education pathways.

There are 16-20 seats that are currently open for students in grades 4 – 12 and first year of college. The newly selected members will serve for a term of two years, starting in October. All 16 counties in Maine are represented on the Student Cabinet.

Tentative Meeting Dates are as follows:

- **October 14, 2022** (In Person) - Augusta
9:00am – 3:00pm
- **January 5, 2023** (Virtual) - Zoom
3:00pm – 4:30pm
- **March 16, 2023** (Virtual) - Zoom
3:00pm – 4:30pm
- **May 4, 2023** (In Person) - Augusta
9:00am – 3:00pm

Selected cabinet members will be expected to attend scheduled meetings, prepare for each meeting as needed, work in a collaborative manner with one another and with Department staff as needed; and express views and opinions openly, constructively, and respectfully.

How to Apply:

Students interested in serving on the Maine DOE Student Cabinet will need to submit the electronic application by ~~September 28th, 2022~~ **October 5, 2022**. [Applications can be submitted electronically here.](#)

For more information, contact Rachel Paling, Communications & Outreach Manager, Maine Department of Education at rachel.paling@maine.gov.

CRMS 5210 LET'S GO!

What's the best way to help kids avoid sugary/energy/caffeinated drinks? Don't provide them! Please send only water to school. If your child needs a water bottle, we can help-just ask. We appreciate your partnership in Let's Go! 5210 program

A BIG THANK YOU FROM OUR ENTIRE STAFF!

- 5** or more fruits & vegetables
- 2** hours or less recreational screen time*
- 1** hour or more of physical activity
- 0** sugary drinks, more water

*Keep TV/Computer out of the bedroom. No screen time under the age of 2.

Camden Rockport Middle School
Student Service

AFTERSCHOOL BOOK GROUP

for students who worry in grades 7 and 8

STARTING TUESDAY NOVEMBER 1st from
3:30-5:00pm for 6 weeks

FEATURING THE WORK OF LYNN LYONS FROM
THE POPULAR FLUSTERCLUX PODCAST

PLAYING WITH ANXIETY by
Reid Wilson and Lynn Lyons

Contact Amy Libby LCSW at
amy.libby@fivetowns.net or 207-236-7805
ext 2243 for more information or to register.



COMPOSTING AT CRMS!!

Some composting facts:

Food waste is the highest percentage of organic material that ends up in the landfill

When it's not composted, but instead mixed into the landfill, food waste produces methane gas — which is many times worse for the environment than carbon dioxide

Only a handful of public schools in Maine have full scale composting operations and our district is one of them!



The middle school is part of a district wide initiative to keep our food waste out of the landfills. Students in all three schools have been instructed to put their food scraps into 5 gallon buckets at the end of their lunch. Those buckets then get transported to the compost system that is at the high school. The resulting compost is used on campus in the school garden and fields and also sold to support sustainability initiatives, including wages for the students who work in the school garden in the summer.



Last year, a group of high school students, supported by Hatchery Coordinator, Danny Salomon, designed and built a few simple devices to improve our food waste operation. Since food waste decomposes faster when chopped, Mr. Salomon and his students designed and built "choppers" in varying sizes fit for three different schools. They are beautiful tools that fit the buckets perfectly. The idea is that kids chop the compost before it heads over to the high school where it is deposited in the composting site and left to transform into rich gardening material.

If you are in middle school and want to know more, there is a bulletin board explaining all of this with some photos as well. This is all part of a larger effort to integrate many sustainable practices across the district. It may seem like just a bucket full of food scraps, but there is a lot more to it!





Girl Scout Troop 1072
 Invites you to join our troop.
 Meetings: 1st & 3rd Wednesday @ CRMS
 Time: 4:00pm-5:00pm
 For: 4th to 7th grade girls
 FMI: spearleanna@yahoo.com
 (Our 1st Meeting is Oct 5th. Come and Bring a Friend)

**TEEN TALK:
 VIOLENT LANGUAGE AND ROMANTICIZED
 ABUSE IN YA LITERATURE**

Join us on Wednesday, October 26th at 6pm as we welcome New Hope Midcoast. October is Domestic Violence Awareness Month and it's important to understand where roots of violence and abuse stem from. New Hope Midcoast will be presenting a Teen Talk in which we explore where violent language comes from and the various ways romanticized abuse in young adult literature both reinforces and plays into the harmful misrepresentations of safe and respectful teen dating relationships that have been established in other areas of our society today. This is a free event and ideal for students in grades 7-12 and their families.

NEW HOPE MIDCOAST Just Domestic Abuse Support Services & Prevention



Two more courses

5TH & 6TH GRADERS

After school outdoor adventure
Rock Climbing
 October 10, 11, 12, 13 & 16
Hiking the Hills
 October 17, 18, 19, 20 & 22
 \$175
 full & part scholarships available

We get kids:

**outside
 off screens
 being challenged
 making friends
 having fun**

Guided by MountainSeaExpeditions
 and
 Equinox Guiding Services

www.sundogexp.com/fall2022-expeditions



Rockport Public Library's

**afterschool
 teen
 café**

Wednesday October 19th
 2:30pm-4pm

Come after school on early release day for tea, coffee, or hot chocolate, snacks, and crafts if you feel like it. We will pick a movie to put on while you relax and chat with friends! All materials and food provided. Ideal for ages 11-15

**COME ONE,
 COME ALL!**

**PUBLIC SKATE
 1-4PM**

**LEARN TO SKATE
 1-2PM**

**LEARN TO PLAY
 HOCKEY
 3-4PM**

**STICK & PUCK
 4-5PM**

**MIDCOAST RECREATION CENTER
 535 WEST ST.
 ROCKPORT, ME 04856
 MIDCOASTREC.ORG
 (207) 236-9400**

**MRC ARENA OPEN HOUSE
 SATURDAY, OCTOBER 1ST**

THE CAMDEN ROCKPORT SCHOOL ALLIANCE

HOW TO GET INVOLVED!

The Camden Rockport School Alliance (“CRSA,” formerly called the PTA) connects homes to homerooms! The CRSA gives CRES and CRMS families a chance to help specifically with their child(ren)’s classroom and grade, along with supporting special school-wide events. Each grade has a grade leader (or two) who communicates directly with the teachers and then spreads the word when a teacher or grade needs materials or volunteers.

The only way we can reach you is if you tell us how! Please fill out the google form at <https://forms.gle/aC9jCtXqz3C42W2c7> to sign up for CRSA notifications and be connected with your grade leader. You can also reach out to Tracy Higgins-Wakeford with your contact info: tracy@bayviewcollection.com or 207-706-6515.

Ways to get involved:

- **Fill out the google form!** We’ll make sure your child(ren)’s grade leader has your contact info. The grade leaders will draw from this list when a need comes up. If you are interested in serving as a grade leader, please let us know on the google form!
- **Volunteer** for special events like the Book Fair (three times throughout the year) and Staff Appreciation (May).
- **Attend meetings:** usually the first Monday of the month at 5:30 pm. Often we have an administrator from each school join us at the top of the meeting - this is a great way to hear directly from the Principals or Assistant Principals about what’s going on at the schools. **Our first meeting is October 3rd at 5:30 via Zoom** (Meeting ID: 727 9410 8398 / Passcode: q0xX2B).
- **Volunteer** to fill one of the CRSA’s vacant spots. Our “board” would welcome any new members, & the Rewards Program (ie BoxTops, AmazonSmile) needs a coordinator.
- **Donate.** Our budget helps fund teacher and classroom requests, staff appreciation, kindergarten registration books, CRMS yearbooks, and retirement gifts. Donate via PayPal: log in, click Pay and type in camdenrockportschoolalliance@gmail.com

Other ways to connect: our CRSA email is camdenrockportschoolalliance@gmail.com
The Facebook group: [facebook.com/CamdenRockportPTA](https://www.facebook.com/CamdenRockportPTA)

We look forward to a great school year connecting families to the schools, and we need YOU to make it happen!!! Thank you!

The Camden Rockport School Alliance (formerly PTA) connects homes to homerooms! Our newer model gives parents a chance to help specifically with their child(ren)’s classroom and grade. Each grade has a grade leader (or two) who communicates directly with the teachers and then spreads the word when a teacher or grade needs materials or volunteers.

(THE CAMDEN ROCKPORT SCHOOL ALLIANCE cont)**How can you get involved?**

- Make sure your child(ren)'s grade leader has your **name and email**. The grade leaders will draw from this list when a need comes up. We are still confirming grade leaders, so in the meantime, you can reach out to Tracy Higgins-Wakeford with your contact info: tracy@bayviewcollection.com or 207-706-6515. Please also let her know if you have interest in being a grade leader!
- **Volunteer** for special events like the Book Fair (three times throughout the year) and Staff Appreciation (May)
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<https://us04web.zoom.us/j/72794108398?pwd=paLvnyrDK5UPQBmJU4JNfhaAGHQFvf.1>
Meeting ID: 727 9410 8398
Passcode: q0xX2B
- **Volunteer** to fill one of our vacant spots. Our "board" would welcome any new members, and the Rewards Program (ie BoxTops, Amazon Smile) needs a coordinator.
- **Donate** to the group. Our budget helps fund teacher and classroom requests, staff appreciation events, kindergarten registration books, CRMS yearbooks, and retirement gifts. Donate via PayPal: click Pay and type in camdenrockportschoolalliance@gmail.com

Our CRSA email: camdenrockportschoolalliance@gmail.com

**We're looking forward to making this group robust
again and we need YOU!!!
Thank you!**

Camden Rockport Middle School

2022-23 School Calendar

Grades 5-8

JULY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	W	W			

August 30/31 Teacher Workshop Day

SEPTEMBER						
S	M	T	W	T	F	S
						3
4	H	O	7	W	TP	8
11	12	13	14	15	16	17
18	19	20	ER	22	23	24
25	26	27	28	29	30	

OCTOBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	H	11	12	13	14	15
16	17	18	ER	20	21	22
23	24	25	26	27	28	29
30	31					

September 1 Teacher Workshop Day
 September 2 Teacher Prep Day
 September 6 First Day of School
 September 21 Early Release for Prof Dev (2:00)
 October 19 Early Release for Prof Dev (2:00)

NOVEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	H	12
13	14	15	16	17	18	19
20	W	C	X	H	X	26
27	28	29	30			

DECEMBER						
S	M	T	W	T	F	S
				1	2	3
4	5	6	ER	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	X	24
25	H	X	X	X	X	31

November 21 No School - Teacher Workshop Day
 November 22 Student-Led Conferences
 November 23-25 Thanksgiving Break
 December 2 Term 1 Ends
 December 7 Early Release for Prof Dev (2:00)
 Dec 23 - Jan 2 Holiday Break

JANUARY						
S	M	T	W	T	F	S
1	H	3	4	5	6	7
8	9	10	ER	12	13	14
15	H	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	ER	9	10	11
12	13	14	15	16	ERH	18
19	H	X	X	X	X	25
26	27	28				

January 11 Early Release for Prof Dev (2:00)
 February 8 Early Release for Prof Dev (2:00)
 February 17 Early Release (12:15) (1/2 Teacher Day)
 February 20-24 Winter Break

MARCH						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	ER	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL						
S	M	T	W	T	F	S
						1
2	3	4	ER	6	7	8
9	10	11	12	13	ERH	15
16	H	X	X	X	X	22
23	24	25	26	27	28	29
30						

March 8 Early Release for Prof Dev (2:00)
 March 17 Term 2 Ends
 April 5 Early Release for Prof Dev (2:00)
 April 14 Early Release (12:15) (1/2 Teacher Day)
 April 17-21 Spring Break

MAY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	ER	11	12	13
14	15	16	17	18	C	20
21	22	23	24	25	26	27
28	H	30	31			

JUNE						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	DERH	TP	17
18	H	20	21	22	23	24
25	26	27	28	29	30	

May 10 Early Release for Prof Dev (2:00)
 May 19 Student-Led Conferences - No School
 June 15 *Last Day of School/Term 3 Ends
 June 15 *Early Release (12:15); 1/2 Teacher Workshop
 June 16 Teacher Prep Day

- O = First/Last Day of School
- W = Workshop Day (No School)
- H = Holiday (No School)
- X = Vacation (No School)
- ER= Early Release (2:00 Dismissal)
- ERH= Early Release Half Day (12:15 Dismissal)
- C = Student-Led Conferences (No School)
- TP = Teacher Prep Day (No School)

- 176 Student Days
- 4.5 Teacher Workshop Days
- 2 Teacher Prep Days
- 2 Parent Conference Day
- 184 Teacher Days

***For every snow day, add a day to the last day of school**
*** If there is a snow delay on an Early Release day, (ER or ERH) the early release will not occur.**

Approved by CRS board on February 16, 2022