



CRMS Schooner News

Kindness

Responsibility

Self Control

Grit

IMPORTANT DATES

Tuesday, Nov. 8th - don't forget to **VOTE!**

Thursday, Nov. 10th - Band and Chorus District III auditions at Cony High

Friday, Nov. 11th - NO SCHOOL - VETERAN'S DAY

Wednesday, Nov. 16th, 7pm - SAD Board meeting @ Rose Hall

Monday, Nov. 21st - NO SCHOOL - Teacher Workshop day, and Student Led Conferences from 3:30-7:30pm

Tuesday, Nov. 22nd, 8am-12:20pm - NO SCHOOL - Student Led Conferences

Wednesday, Nov. 23 - Friday, Nov. 25 - NO SCHOOL - THANKSGIVING BREAK.

Dear Schooner Families;

Fall in Maine is a special time and I always welcome November as it provides an opportunity to emphasize gratitude in our lives. We have so much to be grateful for in our schools and community.

Gratitude unlocks the fullness of life.

It turns what we have into enough, and more.

It turns denial into acceptance, chaos to order, confusion to clarity.

It can turn a meal into a feast, a house into a home, a stranger into a friend.

Melody Beattie

At the end of the newsletter you'll find 30 gratitude prompts to consider for dinner table discussions with your children. Regular gratitude practice lowers stress and anxiety, increases feelings of satisfaction, joy and happiness. It can improve relationships, physical health and even impact longevity of life. And... It's free!

Our staff, students, and families are always on my list of things to be grateful for. Thank you for being true partners in creating a caring and healthy community here at CRMS and throughout the towns of Camden and Rockport.

With Gratitude,
Jaime

THE CRMS PHONE NUMBER IS 207-236-7805. PLEASE SAVE IT IN YOUR CONTACTS!

8TH GRADE NEWS!



On Wednesday, October 19th the 8th grade went on a photography scavenger hunt to find letters in their first and last name through letter art. "Letter Art" Photography is the skill of finding objects in everyday life and photographing them in such a way that you capture an abstract letter. They looked for letters hidden in windows, fences, clothing, trees, furniture, and other objects. They edited their photos into final pieces to showcase their photography as their first and last names. We are displaying these in the 8th grade hallway.





CONGRATULATIONS TO OUR FALL SPORTS TEAMS FOR A GREAT SEASON! THANK YOU TO ALL THE COACHES AND FAMILIES FOR SUPPORTING OUR SCHOONERS THIS YEAR!



CONGRATULATIONS TO OUR GIRLS AND BOYS SOCCER TEAMS FOR WINNING THE BUSLINE LEAGUE CHAMPIONSHIPS THIS YEAR AND FOR A GREAT SEASON!



7TH GRADE CHEWONKI TRIP!



5TH GRADE VOCABULARY PARADE!





Congratulations to the Boys and Girls XC teams as both teams finished the season undefeated and as Busline Champions. The group was 65 strong and were an absolute joy to coach. Huge thanks to all the runners that participated and to all the parents for their unwavering support. - The Coaches



PLEASE CHECK THE LOST AND FOUND SHELVES BY THE CAFETERIA WHEN YOU ARE HERE FOR YOUR STUDENT LED CONFERENCE ON NOVEMBER 21ST AND 22ND! WE WILL BE DONATING ALL REMAINING ITEMS TO CHARITY OVER THE THANKSGIVING BREAK! THANK YOU!

Animal Similes by 7th Graders

As part of an early release day plan on “Learning How to See,” seventh graders participated in an activity around figurative language, specifically similes and metaphors, led by Ms. Friesland. Students were able to use their knowledge in workshops with visiting poet, Lisa Hibi.

In Ms. Friesland’s class, students selected a beanie baby animal and used it as motivation to write several similes/metaphors about the animal’s features and/or actions.

The following are similes written that day. (Can you find those who also use hyperbole?)

An armadillo’s backplates are like a knight’s armor, protecting him from the battle of life.

-Charlotte Ford

A pug’s eyes are like the sun; they light up everyone they meet.

-Scarlett Boscum

A kangaroo bouncing up and down is like a little girl trying to see over the counter top.

-Eve Domareki

A hippo chomping down is like 4000 pounds dropping on you from twenty feet.

-Ethan Dingle

An orca’s fins are like oars on a mighty longship; they move with impossible power to propel a giant.

-Ezra Oldham

A pig digging through mud is like someone pushing through a line.

-Macy Trzaska

A bunny’s ears are like math tests; they are far too long.

-Maddie Bennett

A parrot protecting its nest is like a soldier defending a fortress.

-Robbie Currier

An elephant’s skin is like battle armor; it is worn and weathered from hardships and adventure.

-Georgia Brainard

A seal swimming in the current is like a torpedo fired from a submarine.

-Natalie Clark

A turtle trudging through the mud is like a car in New York traffic moving slowly on.

-August Wells

A hedgehog hiding in its hole is like a bouncy ball under the porch, waiting for someone, anyone, to pick it up.

-Izzy Hamilton

SIXTH GRADE NEWS!

Sixth Graders kicked off their DELICIOUS "Story of Our Food" project during our October Early Release Day. Students got the opportunity to work with teaching artists from The Telling Room, an amazing literary arts education organization based in Portland. Students focused on descriptive writing and adding sensory details to their personal stories connected to food. They also designed visual covers for their "recipe" cards that they will be creating in FCS and personal food "Hexagons" that will be on display at our final potluck event in November! What a fun and scrumptious day!



8TH GRADE SOCIAL STUDIES



Ajibu Community is a non-profit in Uganda, Africa that educates children, empowers women and teaches teens life skills. 8th grade social studies has been researching ways we could help and spread awareness about Ajibu Community. We researched what they are trying to accomplish as a community and we also Zoomed with the founder Timothee Wambi. He explained to us why he is doing this and why he cares so much. He told us that he grew up poor and went through a lot of stuff that he doesn't want anyone else to go through. It

showed all of us what other people go through and what they need us to do to help them. This following QR code leads you to the Ajibu Community website that has a link to their GoFundMe page on it.



Any donation helps. Thank you!

CRMS PUMPKIN CONTEST 2022!



8TH GRADE NATIONAL HISPANIC HERITAGE CELEBRATION!

CRMS celebrated National Hispanic Heritage Month with an 8th Grade Spanish dance residency. Under the direction of Erma Colvin, they learned traditional and modern dances of Hispanic origin. The residency culminated in an all school assembly where the 8th Grade Spanish students shared their experience.



Warming Hearts, Warming Homes

From Student Services



Want to Help?

Student Council and Student Services annually team up to reach out to our community to support families in need during the holidays and winter months. If you would like to help. Gift cards for groceries, clothing, basic needs, gas and holiday gifts are greatly appreciated. Financial donations can be made by check to Camden Rockport Middle School.



Community Gift Programs

Toys for Tots for kids up to age 13. Applications due November 20th. Application found here: <https://rockland-me.toysfortots.org/local-coordinator-sites/lco-sites/request-toys.aspx>

Bruce Roberts Toy fund for kids up to age 16. Applications due December 6th. Applications found here: <https://multifiles.pressherald.com/uploads/sites/4/2022/09/Toy-Fund-Indi-Non-group-app-2022-new-deadline.pdf>

Need Help?

Are you in need of help this winter for things such as:

- Food
- Holiday Food Baskets
- Fuel Assistance
- Holiday Gifts
- Warm Clothes

Contact your child's homeroom teacher, amy.libby@fivetowns.net, tanya.young@fivetowns.net, sophie.payson-rand@fivetowns.net, gretchen.kuhn@fivetowns.net or call the front office to be connected to a Student Services Member 207-236-7805

CAMDEN HILLS REGIONAL HIGH SCHOOL presents **MAMMA MIA!**

Camden Hills Regional High School is excited to offer the musical production of *Mamma Mia!* to audiences this November! After a resoundingly successful return to live performances last year, CHRHS will once again turn on the bright lights of Strom Auditorium and bring to life the story of Sophie, a young bride-to-be, who after secretly reading her mother's diary, sets out to find her true father before her walk down the aisle. Twists, turns, and romances develop in a plot that is sure to bring audiences lots of laughter and joy. Paired with the hilarious story of *Mamma Mia!* are 22 smash hits from the 70's band ABBA! Songs such as "Dancing Queen", "Super Trouper", and "The Winner Takes It All," are guaranteed to get you humming in your seats!



The Mamma Mia! Set under construction



Mamma Mia! Cast members performing in downtown Camden

Performance dates are November 4, 5, 11, 12 at 7pm and November 6 and 13 at 2pm. All seats are reserved for all performances.

Tickets to Mamma Mia! may be purchased at <http://www.stromtix.com>. For more information or assistance with ticket purchases, call 236-7800 ext. 3282.

Why Mamma Mia!? Kailey Smith, director, says "We knew the musical we chose this year needed to be energetic and fun, popular both with our students and with the community. We wanted a musical that would allow us to focus on the collaborative process with a wide variety of students, so we needed large ensemble numbers, dance numbers, as well as great opportunities for design and technical students. With these things in mind, our amazing production team made a spreadsheet of options, rated our top choices, and unanimously agreed on *Mamma Mia!* Some of the best moments of this process were the students' enthusiastic reactions when we announced the show title, some joining the theatre department just to be a part of this musical!"

The CHRHS production of *Mamma Mia!* is directed by Kailey Smith, with musical direction by Drew Albert and Craig Ouellette and choreography by Gretchen Henderson. Technical director Tom Heath leads the student production team with Freya Hurlbert as set designer, and Auren Teel as light designers. Jane Self continues her role of producer with assistance from student producer Ryan Southworth.



The CRMS office will be closed for the Thanksgiving holiday break from Wednesday, November 23 through Friday, November 25th.

HAPPY THANKSGIVING!

Come to the Rockport Public Library for a monthly program with Coastal Cards to learn and play Magic The Gathering

Bring a snack and bring your deck and get ready for an afternoon of adventure! Coastal Cards will provide cards for those without. This program is open to all. Ideal for ages 11-15 Saturdays: 11/5, 12/17 1-2:30pm

THE UNIVERSITY OF MAINE

2022 Culturefest

Saturday, Nov. 5
11 a.m. - 3:30 p.m.

A celebration of countries and cultures from around the world.

New Balance Student Recreation Center
University of Maine

FREE ADMISSION

For more information or to request a reasonable accommodation call 501-3437 or visit umaine.edu/international

Sponsored by:

- Office of International Programs
- International Student Association
- Office of Global Education
- Office of Student Activities
- Office of Student Leadership
- Office of Student Services
- Office of Student Support
- Office of Student Success
- Office of Student Engagement
- Office of Student Involvement
- Office of Student Leadership
- Office of Student Support
- Office of Student Success
- Office of Student Engagement
- Office of Student Involvement



the Y
AFTER SCHOOL CARE
2022-2023 School Year
NOW ENROLLING

NURTURING YOUR CHILD'S POTENTIAL

Penobscot Bay YMCA & Rockland Harbor YMCA
AFTER SCHOOL PROGRAMS
Grades Kindergarten & Up

The Y's Afterschool Programs provide school age kids a safe environment for learning and imaginative activities that encourage exploration of who they are and what they can achieve!

DAILY ACTIVITIES!

- STEM (Science, Technology, Engineering & Math)
- Games • Physical Activity • Arts and Crafts

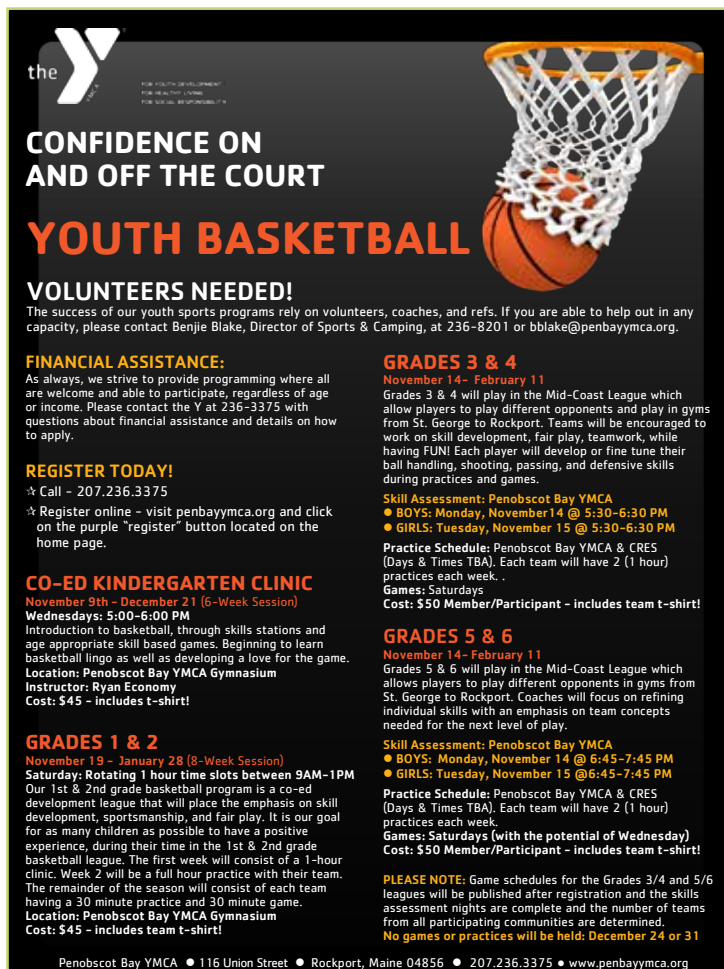
To Confirm your Registration for the 2022-23 School Year:

1. Visit www.penbayymca.org to download the Afterschool Enrollment Packet.
2. Please submit the enrollment packet, with billing information for each child you would like to register, to Benjie Blake at bblake@penbayymca.org or drop off at the Rockport branch location.
3. Submit a signed acknowledgement of receipt of the Parent Handbook.
4. Submit Immunization Records: your child's Pediatrician's office may fax records directly to the Y at 236.8458. Records may also be dropped off at our Rockport location or emailed directly to bblake@penbayymca.org.
5. You will receive an email confirmation when your child's enrollment is confirmed.
6. Payments will be electronically drafted the Friday before each week of care.

• The Y accepts DHHS subsidy and childcare vouchers.

PROGRAM LOCATION	AFTERSCHOOL RATE	PROGRAM TIME
Camden/Rockport Elementary (CRES)	3 Days: \$57 or 5 Days: \$85	Afterschool - 5:30 PM
Lincolnton Central School (LCS) Grades K-5	3 Days: \$53 or 5 Days: \$80	Afterschool - 5:30 PM
Ash Point Community School (Owls Head)	Fee waived - paid by RSU 13	Afterschool - 5:30 PM
Rockland South School	3 Days: \$53 or 5 Days: \$80	Afterschool - 5:30 PM

WWW.PENBAYYMCA.ORG • 236.8201 • BBLAKE@PENBAYYMCA.ORG



the Y
CONFIDENCE ON AND OFF THE COURT
YOUTH BASKETBALL
VOLUNTEERS NEEDED!

The success of our youth sports programs rely on volunteers, coaches, and refs. If you are able to help out in any capacity, please contact Benjie Blake, Director of Sports & Camping, at 236-8201 or bblake@penbayymca.org.

FINANCIAL ASSISTANCE:
As always, we strive to provide programming where all are welcome and able to participate, regardless of age or income. Please contact the Y at 236-3375 with questions about financial assistance and details on how to apply.

REGISTER TODAY!
✦ Call - 207.236.3375
✦ Register online - visit penbayymca.org and click on the purple "register" button located on the home page.

CO-ED KINDERGARTEN CLINIC
November 9th - December 21 (6-Week Session)
Wednesdays: 5:00-6:00 PM
Introduction to basketball, through skills stations and age appropriate skill based games. Beginning to learn basketball lingo as well as developing a love for the game.
Location: Penobscot Bay YMCA Gymnasium
Instructor: Ryan Economy
Cost: \$45 - includes t-shirt!

GRADES 1 & 2
November 19 - January 28 (8-Week Session)
Saturday: Rotating 1 hour time slots between 9AM-1PM
Our 1st & 2nd grade basketball program is a co-ed development league that will place the emphasis on skill development, sportsmanship, and fair play. It is our goal for as many children as possible to have a positive experience, during their time in the 1st & 2nd grade basketball league. The first week will consist of a 1-hour clinic. Week 2 will be a full hour practice with their team. The remainder of the season will consist of each team having a 30 minute practice and 30 minute game.
Location: Penobscot Bay YMCA Gymnasium
Cost: \$45 - includes team t-shirt!

GRADES 3 & 4
November 14 - February 11
Grades 3 & 4 will play in the Mid-Coast League which allows players to play different opponents and play in gyms from St. George to Rockport. Teams will be encouraged to work on skill development, fair play, teamwork, while having FUN! Each player will develop or fine tune their ball handling, shooting, passing, and defensive skills during practices and games.
Skill Assessment: Penobscot Bay YMCA
• BOYS: Monday, November 14 @ 5:30-6:30 PM
• GIRLS: Tuesday, November 15 @ 5:30-6:30 PM
Practice Schedule: Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week.
Games: Saturdays
Cost: \$50 Member/Participant - includes team t-shirt!

GRADES 5 & 6
November 14 - February 11
Grades 5 & 6 will play in the Mid-Coast League which allows players to play different opponents in gyms from St. George to Rockport. Coaches will focus on refining individual skills with an emphasis on team concepts needed for the next level of play.
Skill Assessment: Penobscot Bay YMCA
• BOYS: Monday, November 14 @ 6:45-7:45 PM
• GIRLS: Tuesday, November 15 @ 6:45-7:45 PM
Practice Schedule: Penobscot Bay YMCA & CRES (Days & Times TBA). Each team will have 2 (1 hour) practices each week.
Games: Saturdays (with the potential of Wednesday)
Cost: \$50 Member/Participant - includes team t-shirt!

PLEASE NOTE: Game schedules for the Grades 3/4 and 5/6 leagues will be published after registration and the skills assessment nights are complete and the number of teams from all participating communities are determined.
No games or practices will be held: December 24 or 31

Penobscot Bay YMCA • 116 Union Street • Rockport, Maine 04856 • 207.236.3375 • www.penbayymca.org



ROCKPORT PUBLIC LIBRARY
PRESENTS..

Tween Comics Workshop!

WEDNESDAYS,
NOVEMBER 9, 16, AND 20TH
4-5PM IN THE TEEN ROOM

Come explore the world of comics with Rockport Library's own Ben Odgren!

You will learn how to design and create your own 3-4 page comic with Ben. This workshop runs 4 weeks, three in person sessions and one week of independent work on your project during the Thanksgiving school break. This workshop has limited space, enough for 8 students. So call the library to sign up right away!
Ideal for ages 11-15. All supplies will be provided by the library.

**SPACE LIMITED!
CALL THE LIBRARY
TO SIGN UP NOW!**

Attention all families: Please take this 5 minute survey from **MaineHealth**. Even if you completed the survey last year, we need your participation again!

Everyone who completes the survey will be entered into a prize drawing and five lucky winners across the state will each receive a \$100 Amazon gift card for their personal use AND if you win, our school will receive \$1,000.

Other schools are participating, so the more families from our school who complete the survey, the greater our chance of winning \$1,000!

Contact information for the prize drawing will be collected at the end of the survey and will not be connected to your survey responses. All survey responses are anonymous.

Click the following link to begin the survey: <https://redcap.link/2022FamilySCH>

30 DAYS OF *gratitude*

- a person I'm glad to have in my life.
- something I find comfort in
- my favorite part of the morning
- my favorite memory
- an accomplishment I'm proud of
- a hidden blessing in a difficult situation
- an opportunity I'm grateful for
- my favorite song (& why)
- a life lesson I have learned
- the biggest gift in my life right now
- a future event I'm excited about
- some positive news I've gotten recently
- my favorite area in my home
- a memory that makes me smile
- something beautiful I saw today
- my favorite part of the evening
- my guilty pleasure
- one good thing that happened today
- how I show gratitude for my friends
- something I love about a family member
- something positive about my body
- a challenge I'm grateful for
- a compliment that made me feel good
- the best gift I've ever received
- the item I treasure most
- the people who mean the most to me
- my favorite part about nature
- something that made me laugh today
- a book that I loved reading
- a freedom I am grateful for