



CRMS Schooner News

Kindness Responsibility Self Control Grit

IMPORTANT DATES

Wednesday, 12/2 - Early Release day - 12:15 dismissal

Friday, 12/4 - Term one ends

Friday, 12/4 - Toys for Tots donation box in CRMS lobby deadline

Monday, 12/7 - Holiday gift card donations to CRES and CRMS deadline. Drop them by the main office at either school - Thank you!

Tuesday, 12/8 - Knox County Toys for Tots toy application deadline - Contact Jody @ (207) 542-2483

Tuesday, 12/8 - Picture Retake Day for in-school and remote students

Wednesday, 12/9 - Meals on Wheels photo walk-grade 5

Wednesday, 12/9 - Early Release day - 12:15 dismissal

Wednesday, 12/16 - Early Release day - 12:15 dismissal

Friday, 12/18 - Meals on Wheels photo cards delivered

Wednesday, 12/23 - Report Cards go home in backpacks and Early Release day - 12:15 dismissal

Thursday, 12/24 - 1/1 - Holiday break - **NO SCHOOL**

PRINCIPALS CORNER

Dear Schooner Families,

We're discovering that students (and parents) may need additional guidance on how to best engage in (or support) remote learning. All students will be remote at some point so this is a good read for everyone!

Students in this age group *can* struggle with their organization and time management, their patience in waiting for the teacher, or knowing what to do when they are stuck on a task. Remote learners are not right in front of teachers, sharing non-verbal cues about their needs that we typically notice when students are right in front of us - monitoring remote students is more challenging for teachers.

We need children to advocate for themselves, ask questions, let a teacher know when they can't hear things well. We also need parents to participate in the monitoring process and have some suggestions for how you can support your child.

What are the ways I can support my child as a Remote Learner...

- 1. Be sure your child has a quiet, dedicated work space** away from distractions. (including their cell phones or personal devices)
- 2. Engage, even when they push you away!** Each week or two you will get a WIP (Week(s) in Preview) email with important updates from your children's teacher and dates for school events. Each month you'll get a newsletter. Talk to your child about what is coming up and check in with them on topics they are learning about, studying for assessments or meeting deadlines that are shared in teacher updates.

Check JumpRope and SeeSaw and talk to your child about their work and assessments.

(continued on page 2)

PRINCIPALS CORNER (continued from page 1)

3. If your child isn't showing up to class on time or is not returning after an independent work session, they are missing very important instructions about the work for that class period. Please use the calendar App on the iPad to set class time reminders with an alarm notification. It's also helpful if students use timers on their iPad to return to class after working independently.

4. Use the School Planner to Support Homework Completion... We ask all students to use their school planner that we provided and suggest that you check the planner with them at the end of the day to see if they have homework or classwork to complete. They can make notes about work they haven't completed and include important due dates.

5. Monitor your child's work completion... (if you know your child is struggling to complete or hand in work this is essential) At the end of the day you can review the slides on the grade level site and ask your child to show you the work they completed associated with the slides. All sites are on our school website under the Academics tab. Having this positive connection with your child allows you to celebrate their work and reinforces the value you place on their schooling. 15 minutes a day will go a long way towards you understanding where your child is and how they are managing their learning experiences.

Still struggling?

Be sure you're doing the steps listed above to help support your child at home. If you find these supports are not enough, please email the teacher for the class where the issue continues to happen to problem-solve the specific issue your child is having. Remember that we need you and your child to be part of the problem-solving equation as staff teach 80-170 students each day! It will take a team effort to support each child and we need a good deal of support from each family.

Thank you for your hard work and support at home!

Best,
Jaime Stone, Principal



CONGRATULATIONS TO THESE CRMS STUDENTS WHO WERE RECOGNIZED FOR DEMONSTRATING OUR CORE VALUES! WE ARE PROUD OF YOU!



Reduce Your COVID-19 Risk
Remember the 3 Ws!

- 1 Wash your hands frequently**

Use soap and water for 20 seconds


- 2 Watch your distance**

Keep 6 feet apart and avoid large crowds


- 3 Wear a mask**

Prevent spread of COVID-19 and protect others



Allergy & Asthma NETWORK 35TH ANNIVERSARY

AllergyAsthmaNetwork.org



Graham Stoughton, one of our 6th grade students has been selected as one of two students in Knox County to serve on the Maine DOE Student Cabinet.

Student Cabinet positions are for two consecutive years during which time, students have an active role in providing input to Maine DOE leadership and to our partners to help improve Maine’s education system. Graham is part of a group of 17 new student cabinet members who will join a group of 16 student members carrying over from last year. Together they form the 2020/2021 Student Cabinet!

Congratulations Graham!



**FLANNEL
FRIDAY
FUN!**



WE WILL BE GOING OUTSIDE FOR BREAKS, LUNCH AND RECESS IN ALL KINDS OF WEATHER - ITS THE SAFEST PLACE TO BE!

BE PREPARED AND COME TO SCHOOL DRESSED FOR ALL WEATHER CONDITIONS!





Thank you to Mike Seeger for capturing our new building and grounds with his drone camera on a beautiful fall day!



REMOTE LEARNING

Common Procedures for Remote Learning

Here are the common expectations we are using at CRMS for remote learners. As part of your partnership, we would appreciate you reviewing these with your children outside of their school day. Thank you!

While I'm Waiting to be Logged into Zoom

1. BE on time.
2. CHECK the time.
3. LOOK at your schedule.
4. WAIT 10 minutes to be allowed in.
5. GO to the agenda on your teacher's website while you wait.
6. READ the directions on the website.
7. EMAIL your teacher if you are still waiting after 10 minutes.
8. CALL the office if you are still waiting 5 MORE minutes.

If I'm stuck on a work task (grades 6-8)

1. RE-READ the directions of the task.
 - A. Is there an instruction you didn't see before?
 - B. Have you followed the instructions exactly?
2. DO what each instruction tells you in the exact order it is written.
3. ASK another student in your pod for help (This could be a remote student or an in-person student who is on Zoom).
4. WRITE a comment to your teacher in the Zoom chat thread.
5. WAIT for your teacher to respond (your teacher is helping a lot of students).
6. RE-READ directions while you wait.
7. TRY to write/do something - it's ok if it's wrong, just give it a try.

If I'm stuck on a work task (grade 5)

1. RE-READ the directions of the task.
 - A. Is there an instruction you didn't see before?
 - B. Have you followed the instructions exactly?
2. DO what each instruction tells you in the exact order it is written.
3. ASK another student in your pod for help (This could be a remote student or an in-person student who is on Zoom).
4. UNMUTE and SAY your name to your teacher on Zoom.
5. WAIT for your teacher to respond (your teacher is helping a lot of students).
6. RE-READ directions while you wait.
7. TRY to write/do something - it's ok if it's wrong, just give it a try.



Dear Schooner Families,

On behalf of the organization “Action for Healthy Kids” what if I told you there was a secret ingredient to giving kids a better, healthier future? **There is, and it's parent involvement in education.**

Seems obvious, right? But plenty of research has shown that regardless of income, race, or zip code, [this type of engagement improves kids' academic achievement, mental health, social skills, and behavior](#). And it's not just your own child—when parents, caregivers, or guardians are involved in education, it benefits the whole school community, including teachers.

Did you know that Thursday Nov. 19th was National Parent Involvement Day? [read more about how both schools and parents have a role to play](#). USE THIS LINK: <https://www.actionforhealthykids.org/parent-involvement-in-education-the-key-to-a-healthy-future/>

Thanks for doing your part!

In Wellness and Action,

Gretchen Kuhn, RN School Nurse gretchen.kuhn@fivetowns.net



More fruits and veggies. Less screen time.

Move more. Less sugary drinks- in fact zero! |

HOLIDAY GIVING AT CRMS

Every year we have people ask how they might lend support to local families needing assistance with gifts and meals during the holidays. If you would like to support our efforts to provide for families this season, consider the following 3 options:

1. **DONATE GIFT CARDS** that will go directly to an individual or a family. Let us know if you would like to 'Adopt a Family'.
2. **CONNECT** us with the name of a friend or family you think may need support.
3. **CONTACT** us directly if your family is in need of help during the holidays.

With Appreciation,

Amy Libby, School Social Worker

Tanya Young, School Counselor

Gretchen Kuhn, School Nurse

amy.libby@fivetowns.net

tanya.young@fivetowns.net

gretchen.kuhn@fivetowns.net

HEALTH OFFICE WISH LIST

WATER BOTTLES

GIRLS & BOYS PANTS- PREFERABLY LEGGINGS OR ATHLETIC STYLE

NEW OR GENTLY USED SNOW PANTS/JACKETS

PACKAGES OF NEW UNDERWEAR- BOYS/GIRLS +/- SIZE 10

4 STACKABLE STORAGE BINS (56qt)



COMMUNITY RESOURCES

TOYS FOR TOTS

TOY APPLICATIONS CLOSE DECEMBER 8TH FOR KNOX COUNTY

CONTACT JODY AT (207) 542-2483 OR rockland.me@toysfortots.org with any questions

TO APPLY:

<https://rockland-me.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx>

A Recommendation from Student Services

Every once in a while there comes along a resource that is so excellent and worthy of parents precious time that it deserves a plug to the CRMS community. The resource is the podcast Flusterclux by Lynn Lyons, a nationally known expert in childhood anxiety, and Robin Hutson, a family travel advisor and writer.

Flusterclux offers authentic, compassionate straight talk for parents to connect, reflect, and feel prepared to support their family's mental health with the stresses of our new normal.

Topics include:

- Picky eaters
- Physical symptoms of anxiety and what to do
- What to do if your child says no one likes them
- Sibling fighting
- How to prevent depression
- How to find a good therapist for your child
- Perfectionism
- And many more



flusterclux

Check it out at: <https://luxerecess.com/flusterclux/>



CAFE NEWS



Update - Meal Delivery for Remote Students

Delivered meals are intended for the student and must be received up by the student, parent or guardian. There needs to be some form of acknowledgement that the meal has been received. This could be a person in the driveway, a wave from the door or a thumbs up in the window. This means that the meal cannot be dropped on top of the car in the driveway or put in a cooler by the garage door with no one around, or left in a requested spot.

If you have a situation where this is not possible please contact our Food Services Director Susan Dodge via email to develop a plan that will meet the regulation. Susan.Dodge@fivetowns.net

THE CRMS OFFICE WILL BE CLOSED FOR THE HOLIDAY BREAK FROM THURSDAY, DECEMBER 24, 2020 UNTIL MONDAY, JANUARY 4TH, 2021.

WE WISH YOU A SAFE AND PEACEFUL HOLIDAY SEASON AND HAPPY NEW YEAR!



CHRISTMAS BY THE SEA 2020



CAMDEN HIGHLIGHTS

Community Hat and Mitten Tree

Bring new or like-new hats, mittens, gloves and scarves to decorate the Community Hat and Mitten Tree, sponsored by First National Bank and located inside Camden Public Library. Your items will be donated to the SOS Room at Camden First Congregational Church. Donations may be dropped off at the library, Mon-Sat, 1-6 p.m. through December 14.

Virtual Tree Lighting Ceremony

Tuning in from his home, safe at the North Pole, Santa Claus once again presides over the community tree-lighting ceremony, ushering the community officially into the holiday season. Watch it all from near and far - on Facebook Live!

Via Facebook Live, Santa Claus Reads:

Twas the Night Before Christmas
 Busy at work at the North Pole, staying safe and healthy ahead of his big night, December 24, Santa Claus will be live on Facebook to read the holiday classic *Twas the Night Before Christmas*.



34TH ANNUAL CHRISTMAS BY THE SEA 2020 SCHEDULE OF EVENTS

NOVEMBER 27 - DECEMBER 9

PAWS Auction for the Animals has gone LIVE! Hundreds of amazing items to bid on and just in time for holiday gift giving. New items added daily. PAWS 50/50 Raffle is also in full swing. The more tickets you purchase the bigger the winning pot is. Get ready to bid and purchase tickets today by visiting PAWSadoption.org.

DECEMBER 4-13

Finding the Twelve Days of Christmas Treasure Hunt

Fun for the whole family! Download the treasure hunt details and entry form on the Christmas By the Sea Facebook page, or pick up a printed copy at the Penobscot Bay Regional Chamber of Commerce Visitor Center on the Camden Public Landing. Turn in your completed form by Dec. 13. Prizes will be awarded.



FRIDAY - DECEMBER 4

All day- Holiday Shopping Extravaganza

9 p.m. Downtown Camden

9 a.m.- Guini Ridge Farm Holiday Market

2 p.m. 310 Commercial Street, Rockport
 While hosting local crafters, bakers and artisans, Guini Ridge Farm offers everything you need to decorate your home for the holidays including trees, wreaths, garland, and more. Modeled after a German Christmas market, find customary treats and other gift items.

10 a.m.- Page Gallery

4 p.m. 23 Bay View St., Camden
 Stop by and pick up a small star ornament to decorate at home. Decorated ornaments can be enjoyed at home or brought back to the gallery to swap for a candy cane on the gallery's Christmas tree. Swing by and see the window display!

Noon- Virtual Christmas Concert

1 p.m. Tune in to the First Congregational Church of Camden Facebook page to get into the holiday spirit. A variety of musical entertainment will be presented via Zoom.



FRIDAY - DECEMBER 4, CONTINUED...

4-7 p.m. Hartstone Inn & Hideaway

41 Elm Street, Camden
 Dine al fresco! Serving flammkachs salmon (hot smoked salmon) smoked on the pit outdoors on the cocktail patio. Spiked hot apple cider and more, with music too.

6 p.m. Virtual Tree Lighting with Santa Claus

Tune in to this Facebook Live event, when Santa Claus will join from his home, safe at the North Pole, and use his special talents and help us light our Christmas tree.

6-8 p.m. Night in Bethlehem

Chestnut Street Baptist Church, Camden
 A live nativity scene and retelling of the Christmas story, entirely outdoors in front of the church. This safe, open air environment integrates masks, social distancing and the safety protocols instituted for our area during COVID-19.

SATURDAY - DECEMBER 5

All day- Holiday Shopping Extravaganza

9 p.m. Downtown Camden

9 a.m.- Beltie Holiday at Aldermere Farm

Noon 70 Russell Avenue, Rockport
 Don your most festive (or ugliest) holiday sweater and take a selfie with a Beltie in front of the pen by Aldermere's Visitor Center. Take home a Beltie ornament making kit. There will be a donations collection slot to fund supplying Aldermere beef to food pantries and designated parking areas along Russell Avenue.

1 p.m. Virtual Story Hour with Santa Claus

Tune in on Facebook Live when Santa Claus reads the holiday classic, *Twas the Night Before Christmas*.

6-8 p.m. Night in Bethlehem

Chestnut Street Baptist Church, Camden
 A live nativity scene and retelling of the Christmas story, entirely outdoors in front of the church. This safe, open air environment integrates masks, social distancing and the safety protocols instituted for our area during COVID-19.