

# CRMS Schooner News



Kindness   Responsibility   Self Control   Grit

## IMPORTANT DATES

**Thursday, Nov. 5th,**  
**3:30-7:00pm** - Student led conferences. Sign up for your online conference as soon as possible!

**Friday, Nov. 6th - NO SCHOOL**  
**- STUDENT LED CONFERENCES**

**Friday, Nov. 6, 7:30-12:30pm** - Student led conferences.

**Wednesday, Nov. 11th - NO SCHOOL - VETERAN'S DAY HOLIDAY**

**Friday, Nov. 20th** - Quarter one ends.

**Monday, Nov. 23rd** - Quarter two begins.

**Wednesday, Nov. 25th - NO SCHOOL - WORKSHOP DAY**

**Thursday, Nov. 26th-Friday, Nov. 27th - NO SCHOOL - THANKSGIVING HOLIDAY**

**Tuesday, Dec. 8th** - Picture Retake Day for in-school and remote students.



## PRINCIPALS CORNER

Dear Schooner Families,

As we enter November, we're grateful to still be open with daily in-person schooling for our students. We realize that for many students, school is an important daily event in their lives. Because of the pandemic, school offers the most frequent social connection with peers for several of our children. School is also very different this year and can bring a sense of loss for "all the things we can't do!" This same feeling of loss and grief is happening in our childrens' social lives outside of school. Sleepovers, playdates, holiday traditions, going to the movies and playing sports daily have all taken a hit and the changes in or loss of some of these experiences create a sense of grief. Grief is expressed in a variety of ways - from being angry, sad, moody, withdrawn, to having larger than expected negative responses to things your children may typically brush off. Some children also feel additional stress and anxiety about the possibility of getting sick, infecting others or losing a loved one. Parenting is an incredibly hard job during the teenage years when things are going well in society, while global pandemic parenting is downright confusing and challenging! While you work to maintain good health in your home, we ask you to continue to monitor your child's mental and emotional well-being. Attached are a few resources to help you navigate how to offer support to your middle school child.

[Helping Teens Cope with Staying at Home](#)

[Coping with Covid Life Changes](#)

[Helping Kids and Teens Deal with Grief](#)

If you have concerns about your child's mental health after reading through the articles and connecting more deeply with your child, please reach out to a member of our student support team: Alex Amoroso (school psychologist), Amy Libby (social worker), or Tanya Young (school counselor). Their emails can be found here: [CRMS Staff Directory](#) It's possible children may need additional support during this time.

(cont. on page 2)

## PRINCIPALS CORNER (cont. from page 1)

We believe that regularly attending school is an essential element in our students' lives for their social/emotional and academic growth. With the changing health picture in our state and community we recognize the hard work we will ALL need to do to stay open for in-person learning. The additional work we're doing to make school a safe place and keep schools open is tremendous! We know you're cheering us on and we're doing the same for each one of our families. We appreciate your partnership and commitment to our good health as we move into the third month of school. Thank you for your continued efforts in implementing the [Maine CDC Guidelines](#) so we can keep schools open.

Sincerely,

Jaime Stone  
Principal

### I'M GOING TO CRMS TODAY AND IN MY BACKPACK I HAVE.....

- ✦ **2 CLEAN MASKS**
- ✦ **LANYARD FOR MY MASK**
- ✦ **CHARGED IPAD, CHARGER AND CASE**
- ✦ **SCHOOL PLANNER AND SUPPLIES**
- ✦ **BINDER AND HOMEWORK**
- ✦ **INDEPENDENT READING BOOK**
- ✦ **LUNCH PACKED OR MY LUNCH IS ORDERED**
- ✦ **SNACK**
- ✦ **WATER BOTTLE WITH A SCREW TOP**
- ✦ **CLOTHING FOR THE WEATHER TODAY. SUN, RAIN OR SNOW!**



**I'VE DONE MY HEALTH SCREENING. I AM FEELING HEALTHY AND READY TO GO!**

***SAIL ON, SCHOONERS!***



**CRMS CREW**

ASHLEY MESERVEY RETURNED TO THE CRMS CUSTODIAL CREW OVER THE SUMMER AFTER WORKING AT CRES FOR 15 YEARS! SHE WENT THROUGH ELEMENTARY, MIDDLE AND HIGH SCHOOL IN THE CAMDEN ROCKPORT SCHOOL SYSTEM AND IS A NATIVE MAINE GIRL! SHE SPENDS HER FREE TIME WITH HER 9 MONTH OLD BLACK GERMAN SHEPARD PUP! WELCOME BACK TO CRMS ASHLEY!



JACKIE ANDREAUS (LEFT) AND MEGIN CHAPLES (RIGHT) ARE OUR NEW LUNCH MONITORS WHO JOIN DONNA DWYER THIS YEAR TO MANAGE LUNCH/RECESS DUTIES IN OUR BEAUTIFUL NEW SCHOOL! WELCOME JACKIE AND MEGIN!



**CRMS CELEBRATED EACH BUS DRIVER WITH A SMALL GIFT FOR BUS DRIVER APPRECIATION WEEK!**

## 5TH AND 6TH GRADE SPANISH

123 Andrés came to CRMS! They created a special presentation just for our 5th and 6th grade Spanish students. Ms. Lary's 5th grade class was able to participate live via zoom with 123 Andrés and then the recording was shared with the other classes. Students learned about the clave, the basic dance moves of salsa, cumbia and bachata through silly songs and movements. Students also learned a bit of geography and vocabulary around the Americas - where the dances originated from.

123 Andrés is the Latin-Grammy winning duo made up of Andrés and Christina, native Spanish-speakers who combine expertise in music and education. They have toured across the US and Latin America, bringing an authentic celebration of bilingualism and Latin culture with their high-energy, interactive style.



### CONGRATULATIONS!

Mason Hendrick received a custom designed wooden coin of the CRMS entrance to honor him as the first student to enter the new Camden Rockport Middle School on September 14, 2020.

Have a great school year Mason!





**FROM THE HEALTH DESK**

First off, a big **THANK YOU** to all of you for doing your part to ensure our school community is healthy by using the screening app MyMedBot every morning (by 8am if possible). So many of you have 'done the right thing' during this time of uncertainty. I cannot emphasize how important it is that children who have even a mild illness stay home.



If your child 'fails' the daily health screening, email Andrea at [attendance.crms@fivetowns.net](mailto:attendance.crms@fivetowns.net), to inform her of the absence. Please cc me in the email to save time on our end: [gretchen.kuhn@fivetowns.net](mailto:gretchen.kuhn@fivetowns.net) The detailed information you provide, including your child's symptoms, helps us keep track of illness in the community.

Here's an example of communication from a parent that is tremendously helpful: "My daughter has cold symptoms today, including sore throat, cough and headache (no fever). I will call the doctor to determine next steps. If they recommend testing for Covid, I'll keep her home until we receive the results."

Thanks for continuing to wear a properly fitted mask (see doggies below), keeping socially distant, and keeping up with proper hand hygiene practices!

In Partnership,  
Gretchen Kuhn, RN  
School Nurse

[gretchen.kuhn@fivetowns.net](mailto:gretchen.kuhn@fivetowns.net)

<https://www.maine.gov/covid19/restartingmaine/keepmainehealthy>



- 5** or more **FRUITS & VEGETABLES**
- 2** hours or less of **RECREATIONAL SCREEN TIME**
- 1** hour or more of **PHYSICAL ACTIVITY**
- 0** sugary drinks, **MORE WATER**

**Attention all families:** Please take this 5 minute survey from The Barbara Bush Children's Hospital. Even if you completed the survey last year, we need your participation again!

**Everyone who completes the survey will be entered into a prize drawing and five lucky winners across the state will each receive a \$100 Amazon gift card for their personal use AND [if you win, our school will receive \\$1,000.](#)**

Other schools are participating, so the more families from our school who complete the survey, the greater our chance of winning \$1,000!

Contact information for the prize drawing will be collected at the end of the survey and will not be connected to your survey responses. All survey responses are anonymous.

Click the following link to begin the survey: <https://www.surveymonkey.com/r/2020FamilySCHKnox>

Thank you on behalf of **5210 Let's Go!**



# CRMS STAFF VOLUNTEER ON A HABITAT FOR HUMANITY BUILD IN ROCKLAND





# LIBRARY NEWS

Howdy from the library where Go for the Gold is underway! Go for the Gold is a sixth-grade social studies Westward Expansion simulation that takes place in the library. Students ride the Pony Express, build the Transcontinental Railroad, follow a miner's map, and do many other interactive activities.

Also in the library students have continued to use their Destiny Discover accounts to request books and their Sora accounts to check out eBooks and audiobooks.

Happy Reading!







### SOME WORK AND SOME PLAY!



# Math for Fun and Glory!

## Monthly Competitions!



## Problem Solving Secrets Revealed!

## Who Wants to Join Math Club?

Who can join?

All CRMS students. You will compete against your grade level. Sign up with your math teacher!

When does the club meet?

We will meet online after school twice a month.

What does the club do?

We will practice solving puzzles and questions that require math skills you already know, but we will learn to use them in new ways.

Once a month we will have a 30 minute competition and enter our team and individual scores against regional and national teams.



Who is the club leader?

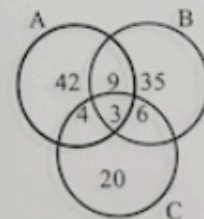
Dr. Mary Smyth, a high school math teacher at Watershed School in Camden. You can email her at [mary.smyth@watershed-school.org](mailto:mary.smyth@watershed-school.org) with any questions.



She has coached and taught math since the year current 10th graders were born. (That's a math problem for you!)

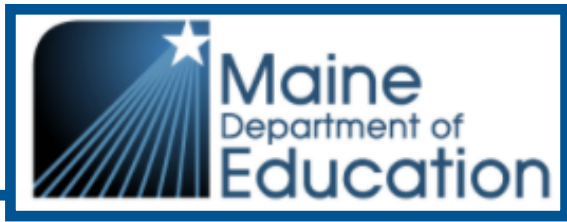
## Come Join Math Club!

72) In the figure at the right, circle "A" represents all the students in the 9<sup>th</sup> grade. Circle "B" represents all the students in the band. Circle "C" represents all the students on the basketball team. There are        9<sup>th</sup> graders on the basketball team.



answer=7








**OPPORTUNITY FOR STUDENTS IN GRADES 4-12**

Please see the link below from the Department of Education Student Cabinet. Applications are reopening for one more week.

[https://mainedoe.co1.qualtrics.com/jfe/form/SV\\_cOcajQAkbYThTsF](https://mainedoe.co1.qualtrics.com/jfe/form/SV_cOcajQAkbYThTsF)

Fall 2020
**MID-COAST JUNIOR CHESS**
Covid-19 Edition






WEEKLY CLASSES! ENROLL ANYTIME...

<b>GRADES K-1</b> Tuesdays 4:30 - 5:15 pm	<b>GRADES 2-4</b> Wednesdays 4:30 - 5:30 pm	<b>GRADES 5-8</b> Thursdays 4:30 - 5:30 pm
---	---	--

**JOIN US THIS FALL FOR \*FREE\* ZOOM CLASSES...**

Mr. Bruce and his trusty assistant, Ms. Kate, are reorganizing their chess program this fall, in light of the ongoing pandemic. All classes will be organized by grade level and offered to all K-8 students across the Five Towns and RSU 71 school districts. Each class will consist of instruction and puzzles by Mr. Bruce, followed by online chess games organized by Ms. Kate. Every participant receives a trophy in December - the more wins you accumulate, the bigger your trophy! And as always, you win a trophy every time you beat Mr. Bruce! Please email kate.erin@gmail.com or brucehaffner@gmail.com to sign up. Hope to see you online soon!



**"HARD WORK ALWAYS PAYS OFF!" ~MR. BRUCE**



STUDENTS NEED TO PICK UP THEIR LOST AND FORGOTTEN ITEMS IN THE BIN JUST INSIDE THE LOWER LEVEL RECESS DOOR.

WE WILL BE DONATING ANY ITEMS NOT PICKED UP BY THANKSGIVING BREAK - SO DON'T DELAY!

THERE ARE LOTS OF LUNCH BOXES AND WARM JACKETS AND SWEATERS!



## **Holiday Gift Card Donations**

**Each year before the holiday season, the Student Services teams at both schools (Nurse, Social Worker, School Counselor) gather donations of gift cards to be given to families in need in our school communities. When you are out shopping, please consider picking up a gift card of any amount to donate. Recommended stores include Reny's, Hannaford, Walmart, and TJ Maxx. The gift cards can be dropped off before December 7TH in the Main Office at either CRES or CRMS. Thank you very much!**

## **Toys for Tots**

### **TOY APPLICATIONS CLOSE DECEMBER 8TH FOR KNOX COUNTY**

To comply with current guidelines/restrictions as related to COVID-19 toys will be chosen and bagged for your child(ren). Masks will be required for pick-up.

*TOY PICK WILL BE LOCATED AT:*

NATIVITY LUTHERAN CHURCH

179 OLD COUNTY ROAD

ROCKPORT, ME 04856

on

DECEMBER 11 & 12 from 9AM - 6PM by appointment only.

(APPOINTMENT TIMES WILL BE EMAILED TO PARENT/GUARDIAN)

Direct any questions to Jody at (207) 542-2483 or  
rockland.me@toysfortots.org

To apply: <https://rockland-me.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx>



The Salvation Army  
Rockland, Maine  
Holiday Assistance

# Thanksgiving Food Baskets

Sign up Dates:

**OCTOBER 20<sup>TH</sup>- NOVEMBER 13<sup>TH</sup>**

Tue-Fri 10-1pm

The Salvation Army  
27 Payne Ave  
Rockland, ME

(mask required when coming in to sign-up)

**MUST HAVE:** Identification and Proof of Address (Living in KNOX COUNTY)



## FOR MORE INFORMATION:

The Salvation Army  
27 Payne Ave.  
Rockland, ME 04841  
207-594-5326



The Salvation Army Rockland, ME  
**\*\*\*Christmas Toy Assistance\*\*\***

Sign-ups:

**OCTOBER 20<sup>TH</sup> - NOVEMBER 6<sup>TH</sup>**

Tuesday - Friday 10am-1pm

**MAKE UP DAY (By appointment only) November 13<sup>th</sup>**

**TOY ASSISTANCE** (ages 0-12):

If this is your first time applying you must have proof of:

- IDENTIFICATION
- RESIDENCE
- CHILDREN'S AGES

(can use Maine Care Cards/Birth Certificate/Letter from DHS or School)

**\*\*IF YOU APPLIED & WERE APPROVED LAST YEAR, ALL THAT IS NEEDED THIS YEAR IS PROOF OF ADDRESS AND YOUR CHILD(S) WISH LIST/SIZES.**

You are welcome to come in to apply in person (mask required) during application hours but may also apply over the phone. For any questions or to apply over the phone please call: |



## FOR MORE INFORMATION:

The Salvation Army  
27 Payne Ave.  
Rockland, ME 04841  
207-594-5326