

CRMS SCHOONER NEWS

Kindness Responsibility Self Control Grit



IMPORTANT DATES

Monday, Dec. 9th, 8am -
LAST CHANCE to donate to
Toys for Tots at CRMS office.

Tuesday, Dec. 10th,
8am-11am - Band and 5/6th
Chorus concert REHEARSAL
at CHRHS Strom
auditorium.

Wednesday, Dec. 11th,
11:30am - EARLY
RELEASE DAY. The Teen
Center is closed.
***DISMISSAL TIME HAS**
CHANGED FROM THE
ORIGINAL SCHOOL
CALENDAR!

Wednesday, Dec. 11th,
7pm - Band and 5/6 Chorus
concert at CHRHS Strom
auditorium. Students
report to the high school
band room at 6:30pm in
black and white clothing. If
you need clothing, please
see Nurse Gretchen. SNOW
DATE: 12/12.

Wednesday, Dec. 18th,
7pm - Camden Rockport
Schools board meeting,
CRES atrium. (cont. on page 2)

PRINCIPAL'S CORNER

Dear Schooner Families,

Thank you for being an engaged, active and caring community that values education! I appreciate the opportunity to work and live in such a strong community. The students and staff create a collective energy that fuels our culture of hard work and fun each day. This holiday season I am thankful to be serving in my 6th year as a leader amongst many leaders at CRMS. **I am thinking of each of your families this season and wishing you time for connection with those you love, the courage to openly express your gratitude and space to remember those no longer with us.**

I hope you enjoy the following reading. It is truly one of my favorites.

Be Thankful

Be thankful that you don't already have everything you desire,
If you did, what would there be to look forward to?
Be thankful when you don't know something
For it gives you the opportunity to learn.
Be thankful for the difficult times.
During those times you grow.
Be thankful for your limitations
Because they give you opportunities for improvement.
Be thankful for each new challenge
Because it will build your strength and character.
Be thankful for your mistakes
They will teach you valuable lessons.
Be thankful when you're tired and weary
Because it means you've made a difference.
It is easy to be thankful for the good things.
A life of rich fulfillment comes to those who are
also thankful for the setbacks.
GRATITUDE can turn a negative into a positive.
Find a way to be thankful for your troubles
and they can become your blessings.
-Author Unknown

With gratitude,
Jaime Stone, Principal

IMPORTANT DATES (CONT.)

Monday, Dec. 23rd - Friday, Dec. 27th - **NO SCHOOL** - Holiday break.

Wednesday, Jan. 1st - **NO SCHOOL** - New Year's Day Holiday.

Sunday, Jan. 5th - Sunday, Jan. 12th - Japan Exchange Host student visit to CRMS.

Wednesday, Jan. 15th, 1:15pm- **EARLY RELEASE DAY.**

CRMS BUILDING PROJECT

T-SHIRTS Available

We have several special edition **CRMS If I Built a Middle School** t-shirts available for sale in the CRMS office

Adult sizes small, medium & large

\$20
cash or make checks payable to CRMS Project

Money raised will go toward the new middle school playground equipment, furniture, theater lighting, athletic fields, and an art sculpture



5th Grade Vocabulary Parade!



CRMS Spirit Wear is HERE!

We have opened our school store for the season with SCHOONER GEAR just in time for the Holidays! We've added some Navy Blue with our Red and White! We're expanding our colors to include dark navy as we move into our new building.

See photos of the spirit wear on the student board in the cafe or in the office window and use the link below to get to the on-line store!!

Happy shopping and thank you for supporting school spirit at CRMS!

<https://stores.kdkshop.com/crms/shop/home>



CRMS Apparel Store

Order by Dec 4th at noon



Second Annual 6th Grade Potluck Celebration

This fall sixth grade students jumped into a mini-PBL entitled "What's the story of your food?" We kicked off our learning with a visit from local food producers, continued in LA with writing a personal narrative about a special food, learned about and followed a standard recipe structure in FCS, and finished up with a potluck containing over 65 delicious foods made by students (with some help from their families)! During the morning students shared both their stories and tasty recipes with others, and were treated to an exuberant 6th grade choral performance with foodie-themed songs. Student recipes will appear in a digital cookbook that will be available in December. Happy Thanksgiving!



Answers from Academic Intervention

What is Math Lab? What is Reading Lab?

- **Math and Reading Labs are a tier two intervention that work to fill student learning gaps.**
- Labs meet during Spanish XL block, students are not pulled from math or LA class.
- Classes have 2 - 8 students, so personalized attention can be given.
- Goals are created based on student math needs (fractions, division, etc.), or reading needs (fluency, decoding, comprehension).
- Students enter and exit on the quarter with the aim of building skills as quickly as possible. However, every student is different and the primary goal is bringing skills up to grade level.
- Each family will receive a quarterly progress report outlining your learner's progress over the quarter.

How does a learner qualify for Math or Reading Lab?

Great question! Our process at CRMS involves following each student's nationally normed measures in language arts and mathematics, such as the MEA, NWEA, and aimsweb. If a student has had two out of the three scores below the 40th percentile in the last year, I follow up with the grade level subject teacher to learn more about the student and how they are performing in language arts or math class. Teams may also refer a student to academic intervention. In all cases, JumpRope is checked for standard achievement and missing work and in most cases, classroom observations are done. If the learner has met these criterion, a letter goes home to families about the proposed schedule change.

- ✦ ***Two nationally-normed scores below 40th percentile (MEA, NWEA, aimsweb assessments) in the last year.***
- ✦ ***Language arts/math teacher agreement that Lab would be beneficial or team referral.***
- ✦ ***Classroom observations, check JumpRope for missing work, standards achievement.***
- ✦ ***Family notification to proposed placement and schedule change.***

What is our bottom line in ARTI?

Academic RTI is about meeting students where they are currently at and helping them exit labs as successful, confident learners, whether it be in one quarter or three.

If you have any questions, please contact me at michelle.gabrielsen@fivetowns.net.

Library News

Last month I told you about **Sora**, our new platform for audio and ebooks.



This month I am happy to announce that CRMS students have checked out **358 eBooks** and **91 audiobooks!** This is in addition to the over **2,500** books checked out of the library!

Way to go readers!

Did you know about Jolabokafloð, the “Christmas Book Flood” tradition of Iceland? People give books as gifts on December 24 and spend the evening reading. In the spirit of Jolabokafloð I would like to suggest the **Brightly** website as is a great resource for holiday book ideas.



CRMS Schooners



**CRMS
BAND AND
CHORUS
FIELD
TRIP!**





CRMS MATH TEAM

The Math Team had the first meet of the season on Saturday, November 23 at Messalonskee Middle School. Great job to all of the members of the team! One of our A teams placed first! (Karl Hokkenan, Griffin Spear & Eliza Nickelson) Great job mathletes!



HOLIDAY GIVING AT CRMS

Every year we have people ask how they might lend support to local families needing assistance with gifts and meals during the holidays. If you would like to support our efforts to provide for families this season, consider the following 3 options:

1. **DONATE GIFT CARDS** that will go directly to an individual or a family. Let us know if you would like to ‘Adopt a Family’.
2. **CONNECT** us with the name of a friend or family you think may need support.
3. **CONTACT** us directly if your family is in need of help during the holidays.
4. **CONTACT:** Camden Food Pantry @ www.camdenareachristianfoodpantry.org

With Appreciation,
 Amy Libby, School Social Worker amy.libby@fivetowns.net
 Tanya Young, School Counselor tanya.young@fivetowns.net
 Gretchen Kuhn, School Nurse gretchen.kuhn@fivetowns.net

NEED WINTER CLOTHING??? CONTACT NURSE GRETCHEN FOR ASSISTANCE WITH COLD WEATHER CLOTHING OR OTHER HOUSEHOLD NEEDS.

FROM THE HEALTH DESK

DO YOU THINK YOUR MIDDLE SCHOOL STUDENT IS VAPING? THE US FOOD AND DRUG ADMINISTRATION REPORTS THAT **ONE IN 10 MIDDLE SCHOOLERS** CURRENTLY USE E-CIGARETTES!

I'M PRETTY SURE MOST OF YOU HAVE HEARD... WE ARE FACING AN EPIDEMIC OF E-CIGARETTE USE IN OUR COMMUNITY, OUR STATE, AND OUR NATION. JUST ABOUT EVERYDAY I RECEIVE EMAILS ABOUT THE HARMFUL EFFECTS OF VAPING AND THE MARKETING OF THESE PRODUCTS TO YOUNG PEOPLE- THEY ARE THE TARGET!

DID YOU KNOW THE COMPANY "JUUL" SELLS *CLOTHING* TO CONCEAL VAPING PODS SO YOU HAVE NO IDEA PEOPLE ARE USING/VAPING?

IT'S CALLED VAPWEAR. THIS YOUTUBE VIDEO IS JUST OVER 2 MINUTES AND IT GIVES YOU AN IDEA OF WHAT IS BEING MARKETED AS "COOL" ABOUT VAPING AND VAPWEAR:

<https://www.youtube.com/watch?v=bSfkjUpKHxg>

PLEASE TAKE THE TIME TO TALK TO YOUR CHILDREN ABOUT THESE ADDICTIVE AND POTENTIALLY DEADLY PRODUCTS. AS ALWAYS, I AM AVAILABLE TO DISCUSS YOUR CONCERNS AND HELP PROVIDE RESOURCES FOR YOUR FAMILY.

IN WELLNESS,

Gretchen Kuhn, School Nurse

gretchen.kuhn@fivetowns.net

HEALTH OFFICE WISH LIST

RICE PACKS

WATER BOTTLES

GIRLS & BOYS PANTS- PREFERABLY LEGGINGS OR ATHLETIC STYLE

NEW OR GENTLY USED SNOW PANTS (any boys/girls/men's/ladies sizes)

PACKAGES OF NEW UNDERWEAR- BOYS/GIRLS +/- SIZE 10

STACKABLE STORAGE BINS (56qt)

JAPAN EXCHANGE PROGRAM NEWS

The Japan Exchange Program’s fundraising efforts are kicking into high gear in December! We hope you will take advantage of all the fun opportunities to support our travelers as they work hard to raise the funds necessary for all 10 plus 2 chaperones to travel to Japan in April of 2020.

The wreaths are sold, and now the fun part begins, as we gather to attach so many bows, and so many origami cranes to the beautiful locally sourced fir balsam wreaths. Wreaths will be delivered the week after Thanksgiving, and it is not too late to sign up for our Christmas tree pick up service, happening two Saturdays, January 4th and 11th, the cost, a generous donation!

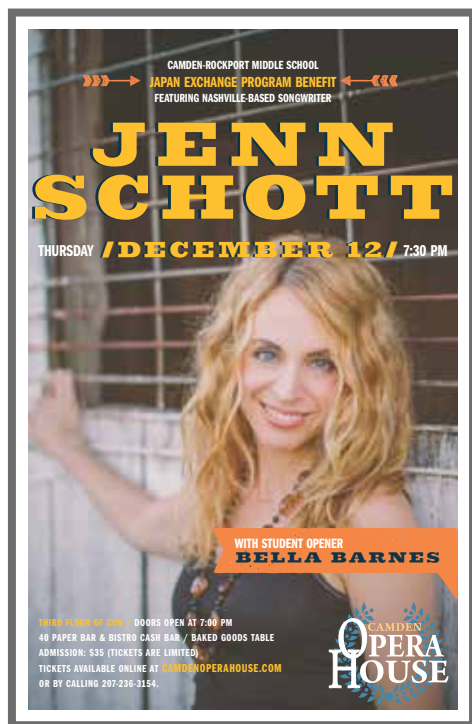
Beginning next week, you will find us at every home basketball game selling concessions! Candy and drinks readily available, and maybe even surprise daily specials!

On Tuesday, December 3rd, join us at Flatbread Pizza Company in Rockport. This is a traditional Tuesday fundraiser night, and as such, \$3.50 of every large pizza sold, and \$1.75 of every small pizza sold, eat in, or take out, will be donated to our program. As well, we will be raffling off a schooner ride for 2 aboard the Olad. If sailing is not your thing, we’ll offer a 50/50 raffle too. Our travelers will be visiting the tables throughout the 5 to 9pm evening, dressed in kimonos and offering information, along with our donation jar, of course!

And the December grand finale is a GRAND one indeed! Nashville singer/songwriter Jenn Schott will perform in the intimate third-floor space of the Camden Opera House as a benefit for our program on Thursday, December 12th. Local Lincolnville 8th grader, Bella Barnes, will open the show! Doors open at 7:00pm, and the show begins at 7:30pm. Limited tickets (ticket price is \$35.00 and only 65 will be sold!) and seating, so come early to secure a seat and enjoy a cash bar provided by 40 Paper, with a portion of sales benefitting the travelers. As well, baked goods will be for sale, provided by the parents of the travelers.

Whew! It’s going to be a busy month! We sure hope to see you out at one, or many, of our fundraising events.

With gratitude and thanks, the Japan Exchange Program Travelers



ECO NEWS!!!

Tips and tricks to live more sustainably!!

YOU SHOULD BE VEGETARIAN!!!

Being vegetarian is a small change that you can make and make a big impact. Being a vegetarian means that you don't eat meat or fish. This is good for the environment because in big dairy and slaughtering farms, there are a lot of livestock. The animals fart, causing methane, a greenhouse gas, to be released into the atmosphere. It's also really sad to kill innocent animals who have done so much for you. Also, big commercial farms don't treat their animals very well and slaughter them while they are young and fleshy. If you wait too long, the meat gets tough.

REASONS TO BE VEGETARIAN

1. It's good for the earth
2. You don't support animal cruelty
3. When you eat fish, the fish has already eaten plastic particles in the ocean from our trash, and when you eat fish, you're eating the plastic in it
4. It's better for you not to eat red meat

OTHER OPTIONS

If you aren't ready to be vegetarian yet, you can try being pescetarian. Pescetarian is when you eat fish, but not meat. Also, if you want to take it a step further, you can be vegan. Vegan is when you don't have animal products like meat, fish, honey, and dairy. Plus, if you are going to take it really slow, you can try being flexitarian. Flexitarian is when you try not to eat meat, but maybe one a month you can eat it.

JOIN US!!

The environmental club meets every Thursday in Mrs. Owens room. Happy change making!!!

CRMS Japan Exchange Fundraiser



Flatbread Pizza | Dec 3, 2019

The Mid-Coast Recovery Coalition's Benefit Dinner & Silent Auction



Artwork by Eric Hopkins

Place: The Elks Lodge - 210 Rankin Street Rockland, Maine

When: Friday December 6, 2019

Time: 5pm-8pm

Cost: Suggested \$10 donation per person

All proceeds from the evening will go directly to The Mid-Coast Recovery Coalition whose mission is to support recovery from addiction in Mid-Coast Maine.

All auction & dinner items have been generously donated by local Mid-Coast businesses & individuals.

SUNDOG OUTDOOR EXPEDITIONS

NOW ENROLLING 2020 WINTER PROGRAMS

After school outdoor programs for middle schools kids

technical skills | multi-day expedition | service learning



**FAT TIRE BIKING on
WINTER TRAILS**
5th/6th Grade



COST:
\$300 For 5th/6th
\$350 For 7th/8th
financial aid
available



**ALPINE TOURING &
SPLIT - BOARDING**
7th/8th Grade

PROGRAM DATES:

AFTER SCHOOL SESSIONS | JAN. 27 - MAR. 15
WEEKEND EXPEDITION | MAR. 14 + 15

In partnership with MRC

FOR MORE INFO + TO ENROLL: WWW.SUNDOGOE.COM



SEA SPRAY CAFE NEWS



Happy holidays to all CRMS students, staff, family and friends!

CRMS December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 PASTA DAY! All the sauces...marinara, alfredo, meatballs *Turkey Club Salad Bar & milk	3 "Call it a Wrap!" Build your own wrap sandwich :) *Turkey Club Salad Bar & milk	GRILL DAY! Custom make your perfect Chicken Sandwich! Veggie too! Add oven fries :) *Turkey Club Salad Bar & milk	5 HOME COOKING! ~ Shepard's Pie, Grilled Cheese *Turkey Club Salad Bar & milk	6 PIZZA DAY! *Yogurt Parfait Bar *Turkey Club Salad Bar & milk
9 PASTA DAY! All the sauces...marinara, alfredo, meatballs *Tuna Sub Salad Bar & milk	10 *Taco Tuesday :) Grilled chicken, veggie ~fresh salsa *Tuna Sub Salad Bar & milk	11 EARLY RELEASE! Check the Special's boards for Lunch options :)	12 HOME COOKING! ~Chicken Quesadillas, Veggie too! Hot 7 layer dip w/ tortilla chips *Tuna Club Salad Bar & milk	13 PIZZA DAY! *Yogurt Parfait Bar *Tuna Sub Salad Bar & milk
16 PASTA DAY! All the sauces...marinara, alfredo, meatballs *Ham Italian Salad Bar & milk	17 "Call it a Wrap!" Build your own wrap sandwich :) *Ham Italian Salad Bar & milk	18 GRILL DAY! ~Specialty burgers, veggie too! *Ham Italian Salad Bar & milk	19 HOME COOKING! ~ Chicken Pot pie, Mac-n-cheese, Hot veggie bar! *Ham Italian Salad Bar & milk	20 PIZZA DAY! *Yogurt Parfait Bar *Ham Italian Salad Bar & milk
23 WINTER VACATION	24 WINTER VACATION	25 WINTER VACATION	26 WINTER VACATION	27 WINTER VACATION
30 PASTA DAY! All the sauces...marinara, alfredo, meatballs *Chicken Panini Salad Bar & milk	31 PIZZA DAY! *Yogurt Parfait Bar *Chicken Panini Salad Bar & milk	Add a hot cup of soup or chowder to your lunch!	Breakfast \$1.50 Lunch \$3.00	This institution is an equal opportunity employer
Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
French Toast Sticks & Breakfast Bar	Homemade Muffins & Breakfast Bar	Breakfast Sandwich & Breakfast Bar	Breakfast Pizza & Breakfast Bar	English Muffin Breakfast Sandwich & Breakfast Bar

SUPPORT
New Middle School

Looking for a special gift to honor someone?

Buy a Bisbee Theater seat in honor of a parent, child, friend, or even a favorite stuffed animal! You can personalize the inscription on the plaque and get a gift card to present to the honoree!



EDUCATION | COMMUNITY | LEGACY

For more information or to purchase a seat visit:
<https://sad.fivetowns.net/>
Or call: 207-234-3358

PLEASE CHECK THE LOST AND FOUND BY FRIDAY, DECEMBER 20TH (BEFORE THE HOLIDAY BREAK) AS ITEMS WILL BE DONATED TO CHARITY IF THEY ARE NOT PICKED UP! THERE ARE MANY COATS, FLEECE JACKETS AND SWEATSHIRTS THAT YOU MAY BE MISSING!

2019
THE Nutcracker
presented by Atlantic Ballet Company



Camden Opera House
Fri. Dec. 6, 7:30 p.m.
Sat. Dec. 7, 3:00 p.m.
Sun. Dec. 8, 3:00 p.m.

Ticket Prices
Seniors \$15
Adults \$18
Children 12 and under \$15

Ticket locations
online: www.BuyNutcrackerTickets.com
Camden Planet Toys
Grasshopper Shop Rockland
Opera House Video Belfast
Townline Video Warren
Sherman's Books Damariscotta

www.atlanticballetcompany.org



Dancers posing for their Flatbread Pizza fundraiser!

P2P Dance Center offers fun filled dance classes in ballet and jazz dance for dancers 3 years old through adult. Classes are taught on Wednesdays at Camden Rockport Elementary School and on Mondays, Wednesdays, Fridays and Saturdays at the P2P Dance Center in Camden on 27 Knowlton Street, across from Camden Rockport Middle School. These classes are filled with movement and music and are based on a strong understanding of the structured class. Many dancers, as young as three years old, strive for performance opportunities.

Dancers enrolled in our junior level, Ballet and jazz I/II, and our level II and III classes are all eligible to perform in our upcoming performances with our P2P Dance school and our professional Atlantic Ballet Company members. Our Nutcrackers, performed at the beautiful Victorian Camden Opera House, are the highlight of the "Christmas by the Sea" week in Camden. Dancers five through adult perform in our Atlantic Ballet Company's version of Tchaikovsky's beloved Nutcracker Ballet production. "A whole New World - Jasmine and Aladdin" is this year's spring production. On June 7th, all our classes in all four locations will have the opportunity to perform both fun and challenging dance roles at the Camden Opera House. Our summer fun classes run from three to five week's. Dancer's may choose how many weeks they wish to train. Our summer performance is held at the popular outdoor Camden Amphitheatre for public audiences. This is a beautiful and enjoyable ocean view venue to perform for P2P dancers of all ages. All aspiring dancers are welcome! Please register with Michele Cox, director. New session begins on December 11th. Classes are on going and will be pro rated for dancers starting mid session.