



# CRMS Schooner News

Kindness Responsibility Self Control Grit

## IMPORTANT DATES

Thursday & Friday, December 6 & 7 - 6th grade field trip to Hope Air.

Thursday, December 6, 2:00pm - 6th grade Horizons Arts - Masks presentation - CRMS gym.

Friday, December 7 - Trimester one ends.

Friday, December 7 - Toys for Tots box DEADLINE for drop offs - please bring a new, unwrapped gift for a child in need.

Wednesday, December 12 - 5th grade caroling at Quarry Hill.

Wednesday, December 12 - 8th grade to Maine Water.

Wednesday, December 12 - **Early Release Day - 1:15pm DISMISSAL.**

Thursday, December 13 - 8th grade caroling at Merry Gardens.

Monday, December 17 - 6th grade chorus caroling at CRES.

Tuesday, December 18 - 7th grade vocal ensemble caroling at Windward Gardens.

Wednesday, December 19, 7pm MSAD 28 School Board meeting - CRES.

**(cont. on page 2)**

## PRINCIPAL'S CORNER

Dear Schooner Families,

It's hard to believe our first trimester of school comes to a close on December 7th. Our report cards will be mailed December 20<sup>th</sup> to your homes. I am often asked, "What should I be looking for when I review my child's report card?" and "How can I help my child be academically successful?" Here are my answers to those two questions:

### What should I be looking for when I review my child's report card?

- 1) We strongly encourage you to review these report cards with your child.
- 2) Review the general scores for each standard under each content area. Scores at 2.5 or below do communicate the need for additional time for learning. Make arrangements for this with your child's teacher during Homework Club. Our goal for students is to work towards a 3.0, recognizing that proficiency on an individual standard is a 2.6 and above. Students should always aim to work towards a 3.0 on each individual assignment and assessment.
- 3) Read the comments closely from each teacher. Teachers often make clear connections between student performance and their work habits. They often point to challenges that are preventing students from reaching proficiency OR those that help them do very well. I describe the comments as the story behind the grades. Discuss these with your child.
- 4) Log into JumpRope if you have questions once you review the report card with your child. Look at the individual assessments. E-mail your child's teachers to get more information if needed or to make a plan for your child to spend more time working on a specific content area.

### How can I help my child be successful?

Developing strong work habits is essential to a child's long-term success. We ask that parents...

**(cont. on page 2)**

**IMPORTANT DATES (cont.)**

Thursday, December 20 - Report Cards mailed home.

Friday, December 21 - 5th grade cookies & carols.

Monday, December 24 - Tuesday, January 1 - **NO SCHOOL**



Thursday, January 3 -

Wednesday, January 9 - Japan Exchange home stay students visiting Maine.

Friday, January 4, 7-9pm - Five Towns Dance with the Japan Exchange students. \$5. admission and concessions are available.

Wednesday, January 9 - **Early Release Day, 1:15pm DISMISSAL.**

**PRINCIPAL'S CORNER (cont.)**

- Check students' planners each night.
- Read the weekly Week in Preview (WIP) e-mail and ask them questions about their plans for completing work or studying for tests. These e-mails are also sent to students. Remind your child to read these and make a plan for the week.
- Provide a consistent and predictable workspace and set of expectations for students to complete homework.
- Check JumpRope every two weeks with your child, discuss missing work or assignments with scores below a 3.0 and require them to make time to revise this work or retake an assessment.
- Homework includes 30 minutes of reading each night. Please make sure this happens.
- Require your child to attend Homework Club if their grades are not where they could be.

The goal is for each student to manage his or her own workload and responsibilities independently. Just like we support learning to read when our children are young, it's imperative that parents support the development of good work habits throughout their child's middle and high school years. Some children will be able to do this early in their middle school years and others will need more support and guidance from their parents. Like learning to read, we all gain these skills at different times and at varying levels of independence. Together we can support students in developing these essential success skills! As always, let us know how we can support you in this work.

In partnership, Jaime Stone, Principal

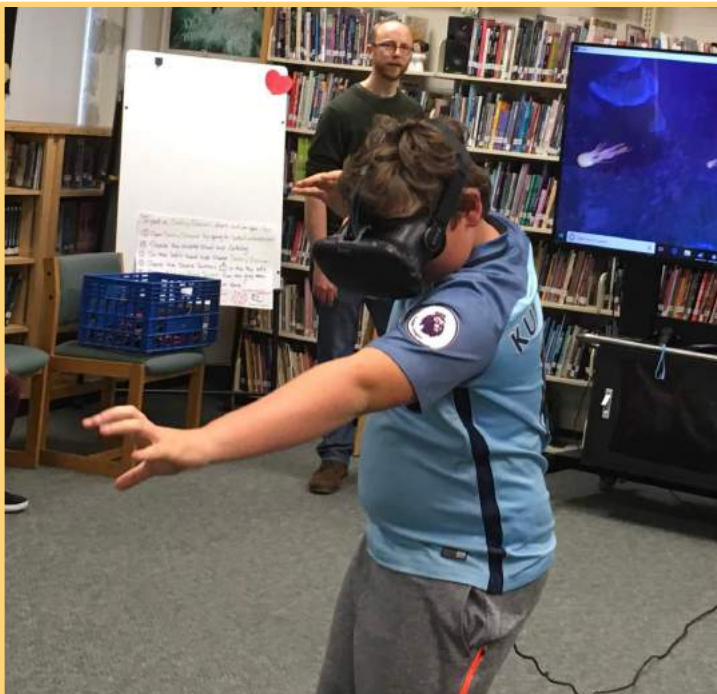
**HOLIDAY GIFT CARD DONATIONS**

EACH YEAR BEFORE THE HOLIDAY SEASON, THE STUDENT SERVICES TEAMS AT BOTH SCHOOLS (NURSE, SOCIAL WORKER, SCHOOL COUNSELOR) GATHER DONATIONS OF GIFT CARDS TO BE GIVEN TO FAMILIES IN NEED IN OUR SCHOOL COMMUNITIES. WHEN YOU ARE OUT SHOPPING, PLEASE CONSIDER PICKING UP A GIFT CARD OF ANY AMOUNT TO DONATE. RECOMMENDED STORES INCLUDE RENY'S, HANNAFORD, WALMART, AND TJ MAXX. GIFT CARDS CAN BE DROPPED OFF BEFORE DECEMBER 7TH IN THE MAIN OFFICE AT EITHER CRES OR CRMS.

## **VR IN THE LIBRARY!**

**THANKS TO OUR FRIENDS AT ROCKPORT PUBLIC LIBRARY, FIFTH AND SIXTH GRADE LIBRARY XL CLASSES WERE ABLE TO EXPERIENCE VIRTUAL REALITY UNDER THE SEA.**

**CRMS STUDENTS AND STAFF HAVE CHECKED OUT 2,205 BOOKS SO FAR THIS YEAR! KEEP READING!**



## **SPORTS NEWS**



CRMS will field four basketball teams this winter. The eighth grade boys team is coached by Ian McKenzie and the eighth grade girls team is coached by Lacy Oakes. The seventh grade boys team is coached by Jared Todd and the seventh/eighth grade girls team is coached by Kristin Cronkite. All four coaches have a number of years of coaching experience and know the students quite well. It should be an exciting year!

As part of the Busline League large school basketball program, CRMS will play a number of local schools this season including Oceanside, Boothbay, Troy Howard, Medomak and Great Salt Bay. The schedule for the season can be found on the CRMS athletics [page](#). Practices have been underway for the past few weeks and the first games start the first week of December.

**Be sure to come out to the CRMS gym and support Schooners basketball!**

## **JOIN THE 2019 CRMS WRESTLING TEAM**



Sign-ups for CRMS wrestling will open in January 2019. Wrestling is open to all boys and girls at CRMS grades 5-8. Practices will start on Tuesday, January 22<sup>nd</sup>. Students playing basketball are welcome to finish out their basketball seasons and then join the team!

The Midcoast Wrestling Club is offering pre-season practices starting Thursday, January 3<sup>rd</sup> at Camden Hills Regional High School in the wrestling room from 6:15pm to 7:30pm and will run Tuesdays and Thursdays through Thursday January 17<sup>th</sup>. Our Mid-Coast Wrestling Club Maine Youth Opener wrestling tournament will be on Sunday January 20<sup>th</sup> at Camden Hills Regional High School.

For more information about wrestling contact Aaron Henderson 522-5252 [aaron.henderson@fivetowns.net](mailto:aaron.henderson@fivetowns.net)

## HEALTH OFFICE NEWS

Greetings All,

We are now feeling the shift of seasonal change and the cold weather pattern that will be the norm for several months. Please remind your child(ren) to wear warm weather gear! If you need gloves, hats, mittens, boots don't hesitate to contact me. I have new and gently used items if needed.

Also, as a reminder, please call or email me if your child has an illness, especially if they have been out for more than one day or have seen a physician.



In Wellness,

Nurse Gretchen, [gretchen.kuhn@fivetowns.net](mailto:gretchen.kuhn@fivetowns.net)  
236-7805 x2144

### Wish List

Office chair for student visits (non-fabric)

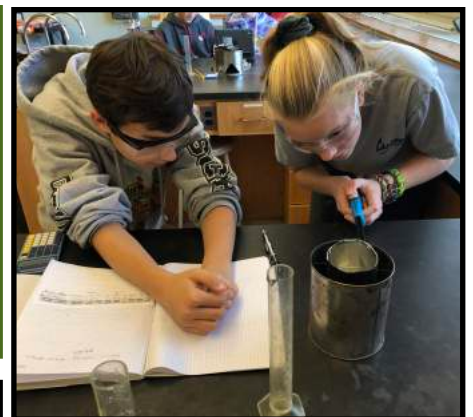
Twin Mattress

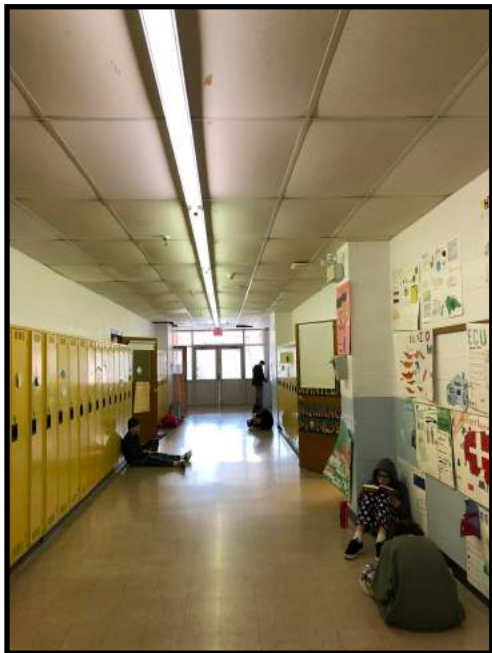
Water Bottles



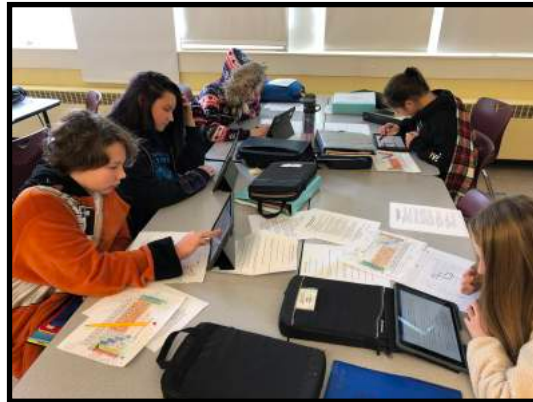
### SCIENCE!

Over the last few weeks, the young scientists of the 7th grade have used calorimetry to test hypotheses that they developed about the energy content of foods. Do rice crispy treats have more energy per gram than puff corn? Ask a 7th grader!





REMOTE SNOW DAY  
PREP!





6TH GRADE "BATTLE OF THE WORDS" COMPETITION!

**SPRING DINNER THEATRE AUDITIONS**

**AUDITIONS FOR THIS YEAR'S SPRING DINNER THEATER PLAY WILL BE HELD ON THURSDAY, JANUARY 10 FOR 6TH GRADERS BEGINNING AT 3:00PM, AND FRIDAY, JANUARY 11 FOR 7TH AND 8TH GRADERS BEGINNING AT 3:00PM. ATTENDANCE AT ONE OF THE AUDITION DATES IS REQUIRED, NO PREP IS NECESSARY FOR THIS AUDITION. IF YOU ARE ALREADY PARTICIPATING IN AN AFTER SCHOOL SPORT OR ACTIVITY THAT HAPPENS BETWEEN 3-5PM, OR PLAN TO JOIN ONE, YOU MAY NOT HAVE TIME TO BE INVOLVED IN THE THEATRICAL PRODUCTION, AS REHEARSALS WILL HAPPEN AT THE SAME TIME OF DAY.**



### **DO YOU HAVE MOVIE LOVERS ON YOUR HOLIDAY GIFT LIST?**

They will jump for joy if you give them a Movie Money Bonanza booklet from Flagship Cinemas!

Booklets contain coupons for free tickets, 2 for 1 tickets and great savings on refreshments - a \$200 value for only \$25! Coupons are good through April, 2020!

Buy yours today in the CRMS office or pick them up at the concession stand during basketball home games

**All proceeds will benefit the Japan Exchange program**



### **BASKETBALL CONCESSIONS**

Come to the CRMS girls and boys basketball home games and enjoy new concession offerings! Hot dogs, popcorn, drinks and other treats will be offered for sale during games! Snack on this delicious food during the action, at half time, or on the way home!

**All proceeds will benefit the CRMS Japan Exchange**



### **Cans for Japan**

The CRMS Japan exchange students have two bottle redemption accounts to help them meet their fundraising goal of \$30,000. One is a Clynk account, with pre-labeled bags available in the main office (just fill the bag with returnable containers and drop it off at your local Hannaford). Another is at Coastal Opportunities redemption center at 35 Limerock St., Camden. Leave your bags with a donation tag stating your cans are to help the CRMS 2018/19 Japan trip. Every nickel helps!



### **TAKE GOOD CARE OF YOURSELF!**

.....and support the CRMS Japan Exchange program! There is still time to take a chance on a gift basket filled with all sorts of wonderful goodies! Raffle tickets are available in the office for \$5. each or \$20 for 5. You could win more than \$300 worth of prizes. Items include: a \$40. Cafe Miranda gift certificate/3 Iyengar Yoga classes from Camden Maine Yoga, valued at \$45/\$25. gift certificate from Green with Envy/Two \$50 gift certificates for half-hour massages at Sacred touch Therapeutic massage/5 tanning visits valued at \$40 from Garden Island/ scented candle/his and hers set of Japanese chopsticks in a gift box/Sumo designed cotton hand towel/Beeswax Aromatherapy candle/Narcissus bulbs and flowerpot/CD of soothing yoga, meditation, relaxation music.





MIDCOAST OUTDOOR LEADERSHIP INITIATIVE

**NOW ENROLLING 2019  
WINTER COURSES**

technical skills | multi-day expedition | service learning



**FAT-BIKING**  
5th + 6th  
Grade,  
Tue/Thu  
3:30-5:30pm

**COST \$250**  
scholarships  
available!

**Alpine Tour**  
SKI/BOARD  
7th + 8th  
Grade  
Mon/Tue  
3:30-5:30pm

**PROGRAM DATES**

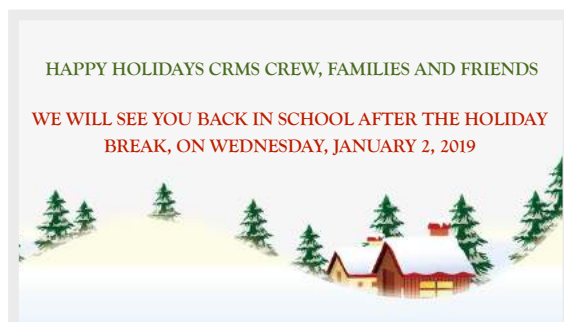
AFTER SCHOOL SESSIONS | JAN 21-MAR 10  
WEEKEND EXPEDITION | MAR 9-10

**ENROLL NOW AT [WWW.SUNDOGOE.COM](http://WWW.SUNDOGOE.COM)**

### 2018 Parent/Staff Email and Phone Protocol

1. Parents should allow a 24-hr response time for email from staff members on workdays. Many staff members do not have the opportunity to check email until the evening.
2. Parents should refrain from calling staff member phone extensions (or cell phones) during the school day. It is not appropriate to interrupt classroom instruction.
3. There is no expectation that staff will respond to email during the evening, on weekends, or during vacations.
4. If parents have an urgent issue, the best form of communication is to call the school's main office to relay a message.

*Thank you for cooperating to help our school function as effectively as possible!*



### Monthly Substance Use Prevention Update

Maine Parents – Did you know? “Underage drinking is a problem in homes from Kittery to Houlton, from Calais to Norway, from Portland to Farmington? **All Maine teens are at risk of underage drinking**, and all Maine parents need to help keep their teens from underage drinking. In fact, **54% of Maine teens** admit that they have tried alcohol. As a parent *ask yourself if you’re 100% sure* that your child isn’t one of them!

Maine parents want to do the right thing – we watch our teens and talk with them about not using alcohol – but are there other things we should do? *Are we doing the right things?* **We need to find out more information** about how we can prevent underage drinking, and we need to do more at home, in our schools and in our communities. The known stakes are higher than ever before – *new research* indicates that teens who begin drinking at an early age experience real change in the way their brain functions.” (DHHS/Office of Substance Abuse and Mental Health Services)

To learn more, go to [www.parents.net](http://www.parents.net), sponsored by the Maine Office of Substance Abuse and Mental Health Services.

To find out how you can become involved locally, contact Wanda Gamage-Wyman, Substance Use Prevention Specialist, Knox County Community Health Coalition – 236.6313, Ext. 2; [wgamagewymankcchc@gmail.com](mailto:wgamagewymankcchc@gmail.com) Knox County Community Health Coalition provides substance use prevention services in Knox and Waldo Counties, and is a division of Penobscot Bay YMCA.